



# COMMUNITY BULLETIN

**OCTOBER 2020**

Welcome to your October Community Bulletin. We are continuing to produce a monthly bulletin with our health and community partners to keep you updated about community activity across Rossendale. This will include information on community group activities, events, health information and community training opportunities. We hope you will find the bulletin useful.

Feel free to share the bulletin with friends, community groups and on community group social media. If you have some information that you would like to share in the next bulletin, or you would like to be added to the e-mail distribution list, please contact us at [communitiesteam@rossendalebc.gov.uk](mailto:communitiesteam@rossendalebc.gov.uk)

Advice and support for people impacted by Covid-19 is available from Rossendale Connected on 01706 227016 or at [help@rossendaleconnected.org](mailto:help@rossendaleconnected.org)

## COVID 19 INFORMATION

The Lancashire Resilience Forum (LRF) has issued guidance on restrictions around upcoming faith and community events for the remainder of 2020 due to coronavirus.

The restrictions relate to upcoming events including: Prophet Muhammad's birthdate (28/29 October), Halloween (31 October), Bonfire celebrations (5 - 7 November), Remembrance Sunday (8 November), Diwali (14 November), Hanukkah (10 – 18 December) and the switching on of Christmas lights.

In line with national restrictions on numbers at events and our strong advice in Lancashire to avoid households mixing, the decision has been taken to prohibit large scale events to mark these occasions in Lancashire.

Angie Ridgwell, Chair of the Lancashire Resilience Forum, said:

"We know these are important events for everyone in our community and we're sorry that we have to do this. We haven't taken these decisions lightly and really grateful for your support. By following this guidance we will all limit the spread of coronavirus and help keep people safe.

"While Lancashire continues to experience a rapid increase of coronavirus cases that puts the county among the highest level of transmissions in the country, large scale community events create too great a risk for the public.

“It is vital that we all work together to follow these regulations and avoid the temptation to break the rules on visiting other people’s homes or gardens to celebrate these events putting yourself and others at risk.

“We are working with various faith and business groups as well as charitable and community organisations – such as the British Legion – to see whether alternative arrangements can be made to mark these occasions.”

Small scale or civic events, such as a ceremonial wreath laying, will be permitted providing permission has been sought from the relevant local authority. Any agreed event will have to be Covid-secure with no more than 15 people present, and no households mixing.

Unfortunately, trick or treating will not be permitted this year as it would increase the risk of household transmissions.

If you are planning an event or have any questions relating to events in your area please contact Rossendale Borough Council on 01706 217777.

## **FUNDING NEWS**

Near-Neighbour small grants

Grants of between £250 and £3000 are available to local groups and organisations who are working to bring together neighbours. You must be working to develop relationships across diverse faiths and ethnicities in order to improve your community. Grants have been awarded across a broad spectrum of activities including environmental, social, cultural, artistic and sport.

<https://www.near-neighbours.org.uk/small-grants>

## **KEY PRIORITIES SMALL GROUPS FUND**

Burnley, Pendle, Rossendale CVS have been appointed by East Lancashire Clinical Commissioning Group to deliver ELCCG Key Priorities Small Groups Fund – in addition to the Small groups funding. The fund is open to Voluntary, community and faith groups that operate within Burnley, Pendle and Rossendale. It is aimed at organisations with an annual turnover of less than £150k. Each area has identified its own key priorities. A grant of up to £5,000 is available to address one, some or all of the key priorities. For an application form and local guidelines please contact Julie Overson – [Julie.overson@bprcvs.co.uk](mailto:Julie.overson@bprcvs.co.uk)

For support with any application contact TRACEY Noon – [tracey.noon@bprcvs.co.uk](mailto:tracey.noon@bprcvs.co.uk)

## **COMMUNITY PARTNERSHIP NEWS**

**We have just held the latest round of Community Partnerships. Below are some of the issues discussed.**

### Whitworth – 29<sup>th</sup> September

- Wallbank Lodge- RBC is keen to see a new 'Friends of Wallbank Lodge group developed to look at how the site can be managed in the future. Anyone interested in joining should contact [jackieflynn@rossendalebc.gov.uk](mailto:jackieflynn@rossendalebc.gov.uk)
- Updates from the police including speeding vehicles, off road vehicles and thefts of vans
- Grants awarded to Women of Whitworth, Chatty bench project, Lighthouse project, Citizen's Advice, and St Johns and St Michaels School Covid project

### Rawtenstall – 8<sup>th</sup> October

- Update from The Whitaker – how the building work is progressing and plans for the collections
- Update from the local police Sergeant including speeding cars, Hanoi burglaries and the new way to report – Lancashire Talking – In the Know
- Grants awarded to Whitewell Bottom Pre School, Newchurch Guides and Rawtenstall Rangers
- Update from Together an Active Future project – looking at different ways to encourage people to be more active

### Haslingden – 13<sup>th</sup> October

- The group raised issues around anti-social behaviour behind the market, and speeding traffic. The police sergeant attending offered to give out e-mail contacts for officers so they are quickly aware if issues.
- There was an update on the Haslingden 2040 vision, which will be adopted by RBC later this year, and about the exciting proposals for the upper Deadengate area .
- Grants were awarded to Edenfield Community Centre, Parkwood Tennis Club, Haslingdens Happening, Citizen's Advice and Vision youth project

### Bacup – 15<sup>th</sup> October

- There was an update from Valley Heritage on plans for the imminent development of the Lancashire and Yorkshire Bank building and an update on regeneration in Bacup including plans for the Heritage Action Zone monies of £1.08m, recently awarded
- A grant was awarded to Weir Pride – a contribution to the large park project
- Residents attended to raise issues of speeding and parking on Rockcliffe Road and both the police and LCC Councillors were able to take this forward
- Concerns were expressed about the levels of ASB in Bacup and Stubbylee Park. The Police responded with reassurances about a new dedicated PCSO and details of how to report issues through Lancashire Talking – In the Know

## COMMUNITY INFORMATION

### LINK CENTRE FOOD BANK AT HASLINGDEN COMMUNITY LINK

The coronavirus pandemic and subsequent economic impact on the community in Haslingden and surrounding areas has led to an increase in food poverty in the area and the Link Centre Food Bank has been set up to help alleviate the immediate financial, emotional, mental health and wellbeing pressures on families and individuals who find themselves struggling with food poverty.

**Our food bank offer is designed to meet a wide a variety of cooking skills and we are offering a range of food pack options:**

- **Family pack: 3 days**
- **Single person pack: 3 days**
- **Big shop: 7 days**
- **Emergency food pack: 24hr pack**

We are able to cater for a range of dietary requirements

We will also include personal hygiene products with every pack and pet food where needed

#### **How to make a referral:**

Please contact HCL via phone or email:

- Tel: 01706230116  
or
- Email: [info@hcl.org.uk](mailto:info@hcl.org.uk) please state food bank referral in the subject box of the email

We will need the following information from you:

- Name and contact details of the person making the referral
- Name of the organisation making the referral
- Name and contact details of the person requiring an emergency food pack

Pickup/delivery days will be:

- Mon
- Wed
- Fri

To help us meet the needs of all of our community we will limit the number of emergency food packs to 5 per family or individual in any 12 month period.

**Please note food packs will not include alcohol, tobacco products or pharmaceuticals**

## **NEWS FROM THE WHITAKER, RAWTENSTALL**

The link to the latest newsletter from The Whittaker is available at:  
<https://www.thewhitaker.org/new-blog>

Book a talk!

If you run a community group, virtually of course!, and need something a bit different for your next meeting. book a talk with us. We will introduce the Whitaker and give an update on our project and also talk about some of our more curious objects from our collection. Our virtual talks are free of charge and last around 20 minutes. Get in touch with [jane@thewhitaker.org](mailto:jane@thewhitaker.org) to book.



THROWBACK  
THURSDAY  
TAKE OVER!

**W**

TAKE OVER FACEBOOK FOR A  
MONTH.  
FIND 4 IMAGES FROM YOUR  
PHOTO ALBUMS/FAMILY  
ARCHIVES AND SEND WITH A  
A BIT OF INFO TO  
[JANE@THEWHITAKER.ORG](mailto:jane@thewhitaker.org)





104.7fm  
**ROSSENDALE RADIO**  
the voice of the valley

YOUR COMMUNITY RADIO STATION  
IN PARTNERSHIP WITH  
ROSSENDALE COMMUNITY SUPPORT NETWORK  
& KIDS IN ROSSENDALE

# CHRISTMAS TOY & GIFT APPEAL



**PLEASE GIVE GENEROUSLY.  
SEE FACEBOOK & OUR  
WEBSITE FOR DETAILS.**

**SPREAD  
SOME JOY TO  
THOSE IN  
NEED**

**PLEASE  
LEAVE ONLY  
NEW ITEMS**

**YOUR  
DONATION IS  
APPRECIATED**

LAST DONATIONS  
13TH DECEMBER

FOR MORE DETAILS  
PLEASE VISIT  
[WWW.ROSSENDALERADIO.COM](http://WWW.ROSSENDALERADIO.COM)



## CARERS LINK

Carers Link support people who are unpaid carers. They are holding a networking event on Zoom for Rossendale on 9th November at 10:30. You may be looking for new connections, or linking up with long standing ones to increase awareness about the services available to Rossendale residents.

The event will open with an over view of Lancashire Carers Service, and the ways in which Carers Link help unpaid carers across East Lancashire, then open ten minute bookable slots to other guests. You can share a PowerPoint, video or give a talk. You can still come along if you don't want to talk. It's just as important to listen.

Book at:

<https://protect->

[eu.mimecast.com/s/0j0sCAnBvf89qDFGATPU?domain=eventbrite.co.uk](https://protect-eu.mimecast.com/s/0j0sCAnBvf89qDFGATPU?domain=eventbrite.co.uk)



## JOB VACANCY



### ABD Community Centre

Burnley Rd, Bacup OL13 8EU

T: 01706 874111

E: [info@abdcentre.org.uk](mailto:info@abdcentre.org.uk)

#### NEW VACANCY

#### CENTRE DEVELOPMENT MANAGER

The ABD Community Centre, Bacup is looking to recruit a full time dynamic, creative and entrepreneurial Centre Development Manager. In addition to the daily management of the centre you will be required to identify new activities and services that will support the needs of the community. You will need to work in partnership with existing key stakeholders to ensure The ABD Centre continues to be sustainable and valued. This is initially a 3 year role with the desire to extend beyond 3 years subject to funding.

**Salary: £29,055 per annum (Full Time)**

**Hours: 37 hrs per week**

*(occasional evenings / weekends may be required)*

To apply for this vacancy please visit our web site and download the job / person specification : <https://abdcentre.org.uk/>

Please send your CV and accompanying letter to [info@abdcentre.org.uk](mailto:info@abdcentre.org.uk)

**Closing date for applications: 30/10/2020 at 5:00pm**

**Short listing, week commencing: 2/11/2020**

**Interviews, Wednesday 11/11/2020**

## HEALTH INFORMATION

Rollercoaster Support Group help parent/carers who are supporting a child or young people with any kind of emotional or mental health problem including:

- Anxiety
- low mood
- depression
- self-harm
- eating disorders
- sleep problems
- suicidal thoughts
- obsessions and compulsions

They are holding a number of virtual workshops for professionals working with parents-carers.



### *Supporting parent-carers of children & young people experiencing mental health difficulties*



## Virtual Workshops

Title	Date	Time
<b>Working with parents-carers in the current climate</b> This workshop will explore the needs of parents-carers who are supporting a child experiencing mental health difficulties. We will be sharing ideas, hearing parent stories and offering some top tips to support and engage families.	9 <sup>th</sup> October or 5 <sup>th</sup> November	10am-12pm  1pm-3pm
<b>Offering digital support to parents-carers</b> This workshop will provide information on supporting parents-carers using digital platforms. We will be sharing experiences, ideas and top tips to help you deliver digital parent support.	23 <sup>rd</sup> or 30 <sup>th</sup> October	10am-12pm
<b>Exploring Co-production</b> This workshop will provide an opportunity to think about co-production with parents-carers, potential barriers and solutions to engagement. We will be sharing personal stories, ideas and ways to make it happen in your area.	13 <sup>th</sup> Nov	10am-12.30pm

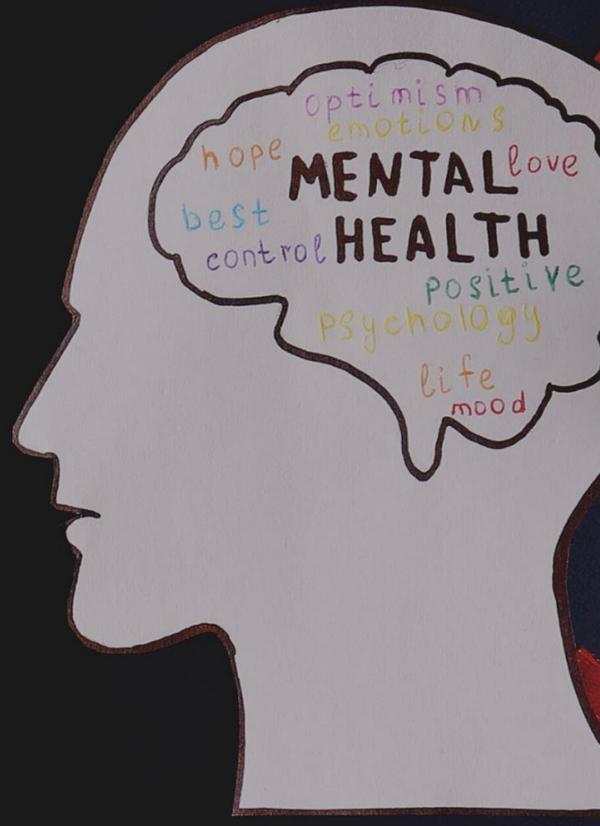
For more information or to book a place please email [ali@rollercoasterfs.co.uk](mailto:ali@rollercoasterfs.co.uk)  
All sessions will be delivered via Zoom



# LANCASHIRE

# HOPE & BEYOND

- A virtual peer led support programme in partnership with MIND.
- Groups focusing on improving mental health and wellbeing.
- Promoting community based virtual connections.
- 1:1 telephone support, digital support and groups for the most vulnerable in our communities.



To get involved in Lancashire Hope & Beyond, all you need to do is contact one of the team:

Bev - 07753223735 - bev@redroserecovery.org.uk

Oscar - 07921808285 - oscar@redroserecovery.org.uk

Glenn - 07935251579 - glenn@redroserecovery.org.uk



For better  
mental health





**LOVE YOUR  
NEIGHBOUR**

# **MENTAL FITNESS**

## **A Community Project**

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**For Everyone**

[www.ekahfoundation.org](http://www.ekahfoundation.org)

07534 807 829

*ekah*  
FOUNDATION

 **COMMUNITY  
FUND**

## CONSUMER ALERTS

### TV Streaming Scam

Nationally a large number of reports have been received regarding scams where householders receive a telephone call about their TV subscription coming to an end and that they will have to pay in order to keep the service. Initially, an automated phone call states your subscription is about to expire and that you need to make a payment of £39.99. You are then asked to press a number on your telephone keypad in order to be put through to an operator to make payment. The operators can be very convincing. If you have a TV subscription, please check the company's website for advice on how to deal with any suspicious contact that you receive.

### HMRC scam text to self employed

Be aware of a scam aimed at selfemployed individuals and freelancers. Whilst genuine government financial help may be available, scammers are taking advantage of people's current vulnerabilities, sending text messages suggesting eligibility for a tax refund. A link in the text takes you to a very realistic web page. Initial information is asked for, the site calculates a fake refund amount, then asks for bank details and passport details for verification purposes. HMRC will never send a text that requires highly confidential information.

### Cold Callers

There have been reports from across Lancashire of traders offering to carry out building and similar types of work that has later been found to be substandard or overpriced. Always use local known traders. Make sure to get paperwork including full contact details, if you agree to the contract in your own home you will, in most cases, have 14 days to cancel. Trading Standards advice is to always say no to cold callers. The Safetrader scheme can help you find a trader in your area, contact 0303 333 1111 or go to [www.safetrader.org.uk](http://www.safetrader.org.uk)

### TV Licencing

Emails and texts purporting to be from TV Licencing are being sent out suggesting that either your TV Licence needs renewing, or your direct debit for your TV licence has been declined. The emails ask you to follow a link and provide your bank details. This is another scam. Any issues with TV Licencing only contact you by letter. This includes older people who now have to pay for a licence. Never provide any personal or bank details in response to these e-mails;

Scams can be reported to Action Fraud, contact 0300 123 2014 or go to [www.actionfraud.police.uk](http://www.actionfraud.police.uk). Contact the Trading Standards Service via the Citizens Advice Consumer Helpline on 0808 223 1133

TRAINING OPPORTUNITIES

**MEDITATION**

**COURSE**

**FOR**

**Families**

**IN RAWTENSTALL**

THIS ONLINE INTRODUCTION COURSE WILL GIVE YOU YOGA AND MEDITATION TOOLS TO CREATE PHYSICAL AND EMOTIONAL WELLBEING.

TO REGISTER CONTACT  
ADMIN@EKAHFOUNDATION.ORG