



COMMUNITY BULLETIN

JUNE 2021

Welcome to your June Community Bulletin. We are continuing to produce a monthly bulletin with our health and community partners to keep you updated about community activity across Rossendale. This will include information on community group activities, events, health information and community training opportunities. We hope you will find the bulletin useful.

All published Community Bulletins can be found at https://www.rossendale.gov.uk/downloads/download/11317/coronavirus_community_bulletins

Feel free to share the bulletin with friends, community groups and on community group social media. If you have some information that you would like to share in the next bulletin, or you would like to be added to the e-mail distribution list, please contact us at communitiesteam@rossendalebc.gov.uk

Advice and support for people impacted by Covid-19 is available from Rossendale Connected on 01706 252520 or at help@rossendaleconnected.org

COVID SUPPORT

After the recent increase in numbers of positive Covid-19 cases in Rossendale, it is essential that people who have a positive test self-isolate. This includes people with no symptoms. Your isolation period includes the day your symptoms started (or the day your test was taken if you do not have symptoms), and the next 10 full days.

You may be entitled to financial support through the social isolation support scheme, or may need some help to support you and your family to self-isolate. Details of support in Rossendale can be found at https://www.rossendale.gov.uk/info/210167/emergencies_and_safety/10860/coronavirus_update

Self-Isolation and having the vaccine if you are eligible are by far the most effective ways of reducing the spread of Covid-19.



**LET'S KEEP
ROSSENDALE
SAFE**

Rossendale
BOROUGH COUNCIL



LOCAL LATERAL FLOW TESTING

covid19testing@rossendalebc.gov.uk

LOCATION OF TESTING SITES:

| Bacup | Haslingden | Crawshawbooth | Whitworth |
|---|--|--|---|
| Futures Park Business Centre OL13 0BB | Community Link Bury Road BB4 5PG | Rakefoot Methodist Church York Street BB4 8NL | The Riverside* Civil Hall Market Street OL12 8DP |

| 31st May, Monday | 1st June, Tuesday | 2nd June, Wednesday | 3rd June, Thursday | 4th June, Friday |
|-------------------------|--------------------------|--|------------------------|------------------------|
| BANK HOLIDAY | Haslingden (9am-12pm) | Crawshawbooth (9am-1pm) & Bacup - (9am-12pm) | Bacup (9am-12pm) | Whitworth (9am-1pm) |
| 7th June, Monday | 8th June, Tuesday | 9th June, Wednesday | 10th June, Thursday | 11th June, Friday |
| Haslingden (9am-1pm) | Bacup (9am-12pm) | Crawshawbooth (9am-1pm) & Bacup - (9am-12pm) | Bacup (9am-12pm) | Whitworth (9am-1pm) |
| 14th June, Monday | 15th June, Tuesday | 16th June, Wednesday | 17th June, Thursday | 18th June, Friday |
| Haslingden (9am-1pm) | Bacup (9am-12pm) | Crawshawbooth (9am-1pm) & Bacup - (9am-12pm) | Bacup (9am-12pm) | Whitworth (9am-1pm) |
| 21st June, Friday | 22nd June, Tuesday | 23rd June, Wednesday | 24th June, Thursday | 25th June, Friday |
| Haslingden (9am-1pm) | Bacup (9am-12pm) | Crawshawbooth (9am-1pm) & Bacup - (9am-12pm) | Bacup (9am-12pm) | Whitworth (9am-1pm) |
| 28th June, Monday | 29th June, Tuesday | 30th June, Wednesday | 1st July, Thursday | 2nd July, Friday |
| Haslingden (9am-1pm) | Bacup (9am-12pm) | Crawshawbooth (9am-1pm) & Bacup - (9am-12pm) | Bacup (9am-12pm) | Whitworth (9am-1pm) |

HEALTH AND WELLBEING

Samarathon Returns!



Samarathon, the Samaritans virtual fundraising marathon event, returns this July.

Run, jog or walk 26.2 miles, whenever and wherever you like. You don't need to be a marathon runner to take part in Samarathon and we'll be sharing training tips, fundraising advice and more to help you along the way.

Find out more at: https://samarathon.blackbaud-sites.com/?utm_source=email&utm_medium=newsletter&utm_campaign=may

COMMUNITY INFORMATION

Rainbows, Brownies, Guides, Rangers – Meeting again

4th Rossendale (Newchurch) Rainbows, Brownies, Guides & Rangers moved back to face to face meetings from 10th May. If anyone is interested in enquiring about places for girls aged 5-18 (and for other units in Rossendale) they can apply via www.girlguiding.org.uk.

Big Connect 2

The poster features a vibrant orange background with abstract shapes in shades of yellow, green, and grey. At the top left, the date and time are displayed in white. The top right corner contains the Rossendale Connected logo, which consists of a heart and three stylized figures. The main title 'THE BIG CONNECT 2' is prominently displayed in the center, with 'CONNECT' in large, multi-colored letters. Below the title, a white box contains the subtitle 'A Young Person's Perspective'. The lower half of the poster lists several topics: 'Current services for young people', 'Mental Health support in schools', 'Children and Family Wellbeing Service', 'Team around the Child', and 'Break out rooms'. At the bottom, a white banner reads 'CONNECTING FOR A BETTER ROSSENDALE' with the hashtag #weareconnected below it.

10TH JUNE 2021
9:30am - 3:30pm

Rossendale Connected

virtual event

THE BIG
CONNECT 2

A Young Person's Perspective

Current services for young people
Mental Health support in schools

Children and Family Wellbeing Service
Team around the Child

Break out rooms

CONNECTING FOR A BETTER ROSSENDALE
#weareconnected

Join the Big Connect Two!!!

We're hosting our second Big Connect event on the 10th June 9:30am-3:30pm.

We need you to come and join in the discussion about the place of Rossendale, this event has a unique focus on young people.

Don't miss out - register here for the zoom link -
<https://forms.gle/VokegKxyBV7TGb3w8> or

https://docs.google.com/forms/d/e/1FAIpQLScb_Ox40PWGBi0_Nq2SPhs6ep4_PXA-jcYGSLeVczdugrEBg/viewform

This is a free event open to all

WANT TO WORK IN THE NHS?



START
SOMETHING



Prince's Trust

When: 1 to 1 selection interviews 4th, 7th, 9th June
Placement dates - 19th July - 13th August

Location: Blackburn & Burnley hospitals

Are you aged 18-30? Not in education, employment, or training?

The Prince's Trust, in partnership with East Lancashire Hospital Trust are offering Young People in East Lancashire 4 weeks work placements in hospital settings. Roles include Portering, Cleaning, Laundry Assistant, Logistic Assistant and Admin. No previous experience required and job opportunities available upon completion of placement

You will:

- Gain hands on experience in an ELHT NHS role
- Have the opportunity to apply for paid roles at the end of the programme
- Gain valuable employability skills and interview techniques
- Financial support with interviews, DBS checks and travel to work
- Receive ongoing support from Princes Trust and NHS staff

**Register your interest now by emailing:
OutreachLancs@princes-trust.org.uk**

Safe | Personal | Effective



NHS
East Lancashire Hospitals
NHS Trust
A University Teaching Trust



Rossendale
Community
Directory



Connecting our Community...

Keeping you informed about what's
going on around Rossendale!

Ever wonder what's going on around your local area? Want to find services and groups that suit your needs and interests? Look no further than **Rossendale Community Directory!**

The Rossendale Community Directory provides news and information about a range of different community services, events, volunteering opportunities and much more for people living or working in Rossendale.

The Rossendale Community Directory is independent and is run by the community for the community - the place to go for the people of Rossendale!

Rossendale Community Directory, a **REAL** legacy for Rossendale.

Find our more today! visit the website directory now at:
www.rossendalecommunitydirectory.co.uk

Or scan our handy QR code:



Holiday Activities and Food Programme



Interested in
being a host
venue or activity
provider for our
summer support
programme?



The Rossendale Holiday Activity and Food (HAF) programme is coming to a venue near you in August 2021! Targeting young people aged 5-16 years old who are in receipt of free school meals, Rossendale Borough Council in partnership with Rossendale Leisure Trust are overseeing the programme, with a number of venues across Rossendale available throughout the month of August, with a range of different activities being carried out.

Activities will be running Tuesday to Friday for weeks commencing 2nd, 9th, 16th and 23rd August from 9-1pm each day. All attendees will also be eligible for each a warm hot meal for dinner (dependant on venue), or a healthy packed lunch.

For further information on the programme as either a parent/guardian, or if you would be interested in being a host venue or provider of activities, please contact the lead coordinator for Rossendale paul.gallagher@rltrust.co.uk.

Community Partnerships

Rossendale residents, and representatives of local community groups are invited to attend their local Community Partnership meeting to find out more about activities and events in their neighbourhood and discuss how we can work together to address local priorities.

Community Partnerships are positive meetings looking at how local people, councils, the voluntary sector, housing and the Police can work together to address the priorities of local people. The meetings are about what we CAN do together, not what we can't.

There are four Community Partnerships in Rossendale:

- Whitworth
- Bacup
- Rawtenstall
- Haslingden, Helmshore and Edenfield.

Each partnership meets three times a year, usually in a local community venue. However the next round of meetings will take place via zoom. Meetings are open to all local residents.

The next meetings are in June and July. Dates as follows:

Haslingden Community Partnership

Time: Jun 10, 2021 06:30 PM

Join Zoom Meeting: <https://zoom.us/j/91227979898>

Meeting ID: 912 2797 9898

One tap mobile: +442034815237,,91227979898# United Kingdom

Whitworth Community Partnership

Time: Jun 15, 2021 06:30 PM

Join Zoom Meeting: <https://zoom.us/j/98934915832>

Meeting ID: 989 3491 5832

One tap mobile: +442039017895,,98934915832# United Kingdom

Rawtenstall Community Partnership

Time: Jun 21, 2021 06:30 PM

Join Zoom Meeting: <https://zoom.us/j/96738542631>

Meeting ID: 967 3854 2631

One tap mobile: +442080806591,,96738542631# United Kingdom

Bacup Community Partnership

Time: Jul 1, 2021 06:30 PM

Join Zoom Meeting: <https://zoom.us/j/96447393378>

Meeting ID: 964 4739 3378

One tap mobile: +441314601196,,96447393378# United Kingdom

Footpath Inspectors



Footpath inspectors wanted in your area.

Do you like walking or running on footpaths? Horse riding or cycling on bridleways? If yes, then PNFS would love to hear from you!

PNFS inspect footpaths, bridleways and other rights of way and we report on any problems we find and work to resolve any issues. We are looking for people with a passion for the outdoors, who would like to join our footpath inspection team and help us care for the countryside.

This a unique opportunity to enjoy being in the great outdoors whilst giving something back to the community. It can be done as an individual or with friends, walking with a purpose as well as for fun.

You will need to be a member of the Society to carry out this role. Please visit our website to join <http://www.peakandnorthern.org.uk/membership/index.htm>

What will you do?

You will monitor rights of way on behalf of the Society:

- in an area you have agreed to inspect
- at your own pace and in your own time
- find the paths on our unique database
- record your inspections and report any problems

To find out more information please contact our volunteer coordinator - volunteer@pnfs.org.uk

Haslingden Community Research Project

Do you want to make a difference to the health and wellbeing of residents of Haslingden and the wider area? Do you have some free time? We would like to hear from you!

The Haslingden Community Research Project is made up of a small group of volunteers living in and around the Haslingden area. The group use their local contacts to find out more about local issues that are important to local people.

The group then work with Rossendale Borough Council, Lancashire County Council, the Rossendale Leisure Trust and other partners to influence local services and make changes to how services are delivered.

The group are now starting to find out more about how active local people are, what barriers there are to them being more active, and what sort of activities would appeal to them.

We are looking to recruit two more volunteers to get involved in the research. Expenses will be paid, and reimbursement for time may be available for those that meet eligibility criteria. No experience necessary, just time and enthusiasm.

Please contact Andrew Mullaney at Haslingden Community Link for more information

amullaney@hcl.org.uk

MISSED US?

WE ARE REOPENING!

All your favourite events, activities and courses are coming back to Haslingden Community Link from the 17th of May!

Like and follow our Facebook page for further information!

#HASLINGDEN
#HASLINGDENCOMMUNITYLINK

THE LINK CENTRE



Our Lancashire

Our Lancashire is a Lancashire wide initiative to bring groups and communities together under the banner – “Let’s Join Together” in order to make Lancashire a greater place to live, work and play.

We are funded by the Police and Crime Commissioner and joining the Our Lancashire website www.ourlancashire.org.uk is a FREE Offer available to any not for profit social action group/CIC/Charity etc. running activities and events in their local community.

By joining this site you will be able to promote your group, recruit members and advertise events. We also have News and Support sections where you can find more resources and information.

If you have any questions regarding anything in the newsletter or would like support with anything else, please contact Janette Holden – Community Engagement Officer covering Burnley & Rossendale.

Tel. 07779 971966 or email: janette.holden@lancashire.gov.uk

Whatever you do, do it better with Our Lancashire. We're a Lancashire wide initiative that aims to bring together individuals, groups, clubs, and communities to make Lancashire a greater place to live, work, and play. You'll be able to find help on how to set up a group, how to increase interest in your club or team, or just discover a new event to attend.

Creating a group is FREE and you get access to lots of handy perks; marketing, publicity, training, support and funding pots, plus the benefits for your local community are boundless. By bringing groups together in one place, Lancashire can become the social action capital of the UK!

Whether you're looking to join a baking club, recruit players to your football team, or start up a poetry group, Our Lancashire values each and every one of you for the positive impact you bring to your community.



SINCE JOINING OUR LANCASHIRE WE HAVE ATTRACTED NEW MEMBERS AND BEEN ABLE TO PUBLICISE OUR LOCAL EVENTS ALONG WITH ACCESSING FREE TRAINING FOR OUR VOLUNTEERS

Jenni. Youth Leader – Preston



LET'S JOIN TOGETHER

Create or join a group for free today.

ourlancashire.org.uk

Telephone: 01772 416417



OVER 50? MADE REDUNDANT?



Were you in the same job for a long time?

Has it been a while since you last looked for a job?

**Has being out of work, lockdown, ill-health or
disability knocked your confidence?**



Age of Opportunity
Building Better Opportunities

Age of Opportunity project: 01772 200 690
www.selnnet-uk.com/age-of-opportunity

**If you want to work
talk to us for help to
get a fresh start**



People we want to work with: Over 50s

Albert

Albert is 58 and an army veteran who has not worked for 15 years since leaving the army to care for his disabled wife; his wife unfortunately very recently had to be moved into local authority care. This change in circumstances has had a significant impact on his income and Albert is unsure if he is eligible to claim any benefits after previously claiming carers allowance and disability allowance for his wife. Albert is unsure what effect working will have regarding his wife's care and he is worried he will have to sell the family home to pay for her care.

Albert has applied for a lot of positions recently but has not had any interviews and he believes this is because of his age and the long time period since his last employment.

Albert needs some advice with regards to benefits eligibility and about what he will need to pay towards his wife's care. Albert also would like to update his CV and to look at job search skills.

Edward is 63 and has worked his entire life as a self-employed joiner; 3 years ago, he had to give up work because the arthritis in his hands made holding tools almost impossible, he has been living off his life savings since. Now that his savings are dwindling and with his pension payments not due to start for a couple of years Edward needs some financial advice. Edward is willing to work but he is unsure how much he could accomplish considering the problem with his hands which makes working within his specialism impossible but his dream would be to work for himself again

Edward

Kulsoom

Kulsoom who is a widow, is 60 years old. She lives on her own in social housing, and she has lost contact with her children once they left home. Kulsoom can speak some English, so she can get herself understood, but she is not confident with using English. She has lost all her confidence over the years. She feels like everyone has abandoned her and she feels very isolated.

Kulsoom is in receipt of income support. She has never worked and is finding it difficult to get a job, as she has no qualifications. She struggles with learning and feels she needs 1 to1 support.

Kulsoom walks with the aid of a walking stick and struggles to get around. She uses taxis for transport, as she struggles to get to bus stops which is costing her too much and means she is not able to go out as often as she needs to. She feels she is not managing her money well enough and wants help with budgeting. She wants to learn how to use computers, so that she can manage her money and do her shopping online. She feels she is too old and will never be able to find any work, so she needs her confidence building up to get her out of the house.

Ali is a 54, he suffered a stroke 4 years ago. He has recovered however; his right arm has become weak and he is not able to use it to write or to do any lifting. This has completely dented his confidence and he feels he will never be able to work now. He is divorced. He feels depressed and feels his health is getting worse, as he seems to be stuck at home and is not able to do much physically.

Ali wants to find work, he previously worked in a factory packing boxes but is no longer able to do this. He has no education or qualifications. He has never used computers but wants to learn, as he feels he could use his right arm to work on a computer and this may open up his work options. He does feel that he is too old to find a job now. His spoken English is good, but he is not able to write or read English, as another barrier to overcome.

Ali

CONSUMER ALERTS

The following information has been provided by Lancashire Trading Standards:

Bank Spoofing Scam

The definition of spoofing is to display characteristics that do not belong to you, in order to assume a false identity. Caller ID spoofing is when someone calling your phone deliberately falsifies the information transmitted to your caller ID display to disguise their identity.

The scammer calls the victim while spoofing a phone number that belongs to the bank, building society or other trusted organisation. They can allege they have noticed unusual activity on the victim's bank account and urgently advise them to put their money in a different account.

In one case a resident in the Lancaster area, coincidentally after responding to a suspected scam email regarding Royal Mail postage fees, then noticing and reporting suspicious activity to their bank, had then received the spoof call from their bank about this activity.

If the victim indicates that they only have the one account, the scammer offers them a so-called 'vault account' of the bank. If the victim starts asking a lot of questions, the scammer will say that there is no time to waste because of the danger of losing everything to an unknown entity.

If a caller asks you to check the number on the caller ID independently such as online or with the number appearing on your bank card, be suspicious. Always check independently with your bank.

National Insurance Phone Scam

Beware of an automated telephone message claiming that the National Insurance number of the recipient "will be terminated due to some unethical financial transactions." The automated message continues to state: "This call is in regard to your National Insurance number. Ignoring this final warning may lead you to legal troubles."

The recording then asks the recipient to press '1' to get more details.

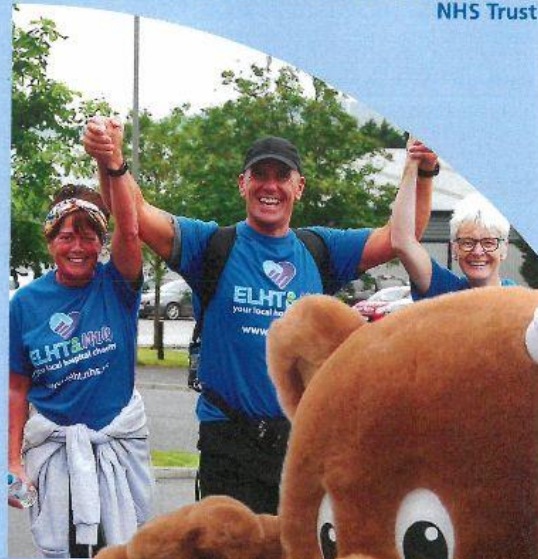
The call is a data harvesting or phishing attempt, which could lead to identity theft. Pressing the button puts the recipient in touch with a scammer who will supposedly verify their National Insurance number. Unfortunately, anyone who responds is revealing key personal details putting their finances in danger.

Scams can be reported to Action Fraud, contact 0300 123 2040 or go to www.actionfraud.police.uk.

Contact the Trading Standards Service via the Citizens Advice Consumer Helpline on 0808 223 1133



East Lancashire Hospitals
NHS Trust



The BIG NHS Walk 2021



Join us for a 8-mile walk across some of East Lancashire's most beautiful scenery, raising funds for your local hospital charity!

Join doctors, nurses and hospital staff, having fun and making a real difference.

Sunday | 4 July | 2021

From Royal Blackburn Teaching Hospital

Sign up at elht.nhs.uk/big-nhs-walk

#TheBigNHSWalk



@ELHTandMe
www.elht.nhs.uk/charity



Registered with
FUNDRAISING
REGULATOR



Registered Charity number 1050478

TRAINING

Charity Trustee Training

The Trustee Leadership Programme is an award-winning governance training initiative delivered by charity support agency *Cause4* in partnership with the Clothworkers' Company. Now in its 8th year, this programme was launched to empower those taking on governance roles to be confident in their duties and deliver effective leadership, training c. 500 Trustees a year. Upcoming summer course dates include:

- **Emerging Chairs Programme:** a one-day course (9:30am - 4:30pm) for existing Trustees seeking to take the step towards Chairing a board. This empowering course covers key issues such as Leadership, Chair-CEO relationships, fundraising, and marketing, and allows prospective and existing Chairs to share experiences and learning.
 - 22nd July 2021 Tickets at https://cause4.co.uk/events/emerging-chairs-programme-virtual-1?utm_campaign=ECP+2021+-+Email&utm_source=newsletter&utm_medium=email
 -
- **Trustee Leadership Programme:** essential governance training for the new or aspiring Trustee, this course covers an overview of the sector, governance & strategic planning, financial management, and fundraising. It is further enhanced by an expert guest speaker and a charity matching session where attendees can meet charity leaders seeking board members. The online course is delivered in two parts:
 - 28th July 2021: 2pm - 4:30pm
 - 29th July 2021: 2pm - 5pm Tickets at https://cause4.co.uk/events/trustee-leadership-programme-july-2021?utm_campaign=TLP+July+2021+-+Email&utm_medium=email&utm_source=newsletter

All courses will be delivered via Zoom.

Email trusteeleadership@cause4.co.uk for further information.

NEW Courses: 'Sleep Well' and 'Improve Your Mood'

We have two fantastic new courses starting this week, FREE, and open to anyone aged 19 and over living in Lancashire. Sign yourself up, share with partners or signpost to everyone!

For more information contact danielle.thorpe@nelsongroup.ac.uk

Places are limited and must be booked.



Sleep Well

Thursday 20th & 27th May
1:00m - 3:00pm (2 week course)

[Enrol here](#)

Friday 25th June & 2nd July
10:00am -12:00pm (2 week course)

[Enrol here](#)

Improve Your Mood

Friday 21st & 28th May
10:00am - 12:00pm (2 week course)

[Enrol here](#)

Tuesday 22nd & 29th June
1:00-3:00pm (2 week course)

[Enrol here](#)

Quick Ways to Sleep Well (short course)

Tuesday 8th June 6:30 - 8:00pm (1.5 hour course)

[Enrol here](#)

The screenshot shows a flyer for the 'Quick Ways To Sleep Well' course. It includes the course title, a brief introduction stating that approximately 16 million adults have issues with sleep in the UK, and a section titled 'What will I learn?' which mentions that the course is wellbeing focused and uses reputable information sources like the British Sleep Council. Logos for 'metrix' and 'Lancashire Learning' are visible at the top of the flyer.

Health and Wellbeing Courses

Lancashire Adult Learning has 2 fantastic new Health & Wellbeing courses starting this week. Both are 2 hours a week over 2 weeks:

- Sleep Well
- Improve Your Mood

We also have a 'Quick Ways to Sleep Well' evening course over just 1.5 hours, ideal for those who work during the day.

Places are limited but can be booked directly from the links in padlet below, which contains all the dates and times of the courses along with full course information sheets.

We all have a right to work on our health & wellbeing, so share with your colleagues, book yourselves a place and also share with your clients and partners too!

https://padlet.com/Lancashire_Adult_Learning/SleepWell_ImproveYourMood



Lancashire750



Lancashire750 is bringing together young people from across Lancashire to address the challenge: "How can we act together to transform Lancashire into a cleaner, greener place for all by 2045?"

Run online, across four days in June this is your opportunity to work with other young people, develop your skills, meet established Lancashire leaders and tackle a real social challenge facing the region.



LANCASHIRE 2025
Lancashire City of Culture 2025



Dates: 7-8 and 10-11 June 2021

Times: 09.30-13.30

(All sessions are on Zoom)

Who can apply? Anyone living, working or studying in Lancashire aged 18-25

Cost: FREE!

#Lancashire750

Assetella sponsors:
Accrington Stanley Community Trust,
Blackburn Rovers Community Trust,
Blackpool FC Community Trust, Fleetwood Town Community Trust and Preston North End Community and Education Trust

Why join Lancashire750?

- Develop and practice leadership skills such as problem solving, communication and team working
- Build connections with your peers and established leaders across Lancashire
- Earn a micro-credential that you can display on your LinkedIn profile and CV
- Additional opportunities to receive one of a limited number of free, personalized leadership coaching sessions

"This programme has really helped me develop my confidence, before I would have shied away from group conversations. I feel super confident and cannot thank this amazing team enough."

Apply: commonpurpose.org/lancashire150