

Rossendale
BOROUGH COUNCIL



COMMUNITY BULLETIN

JANUARY 2022



Welcome to your January Community Bulletin. We are continuing to produce a monthly bulletin with our health and community partners to keep you updated about community activity across Rossendale. This will include information on community group activities, events, health information and community training opportunities. We hope you will find the bulletin useful.

All published Community Bulletins are available at https://www.rossendale.gov.uk/downloads/download/11317/coronavirus_community_bulletins

Feel free to share the bulletin with friends, community groups and on community group social media. If you have some information that you would like to share in the next bulletin, or you would like to be added to the e-mail distribution list, please contact us at communitiesteam@rossendalebc.gov.uk

COVID ADVICE

From 22nd December, new guidance enables the 10-day self-isolation period for people who have tested positive for coronavirus (COVID-19) to be reduced to 7 days, in most cases. More information at <https://www.gov.uk/government/news/self-isolation-for-covid-19-cases-reduced-from-10-to-7-days-following-negative-lfd-tests>

If you are asked to self isolate and are unsure or feeling a bit thrown out of kilter you are invited to ring or email

Pendle & Rossendale

Self Isolation Support Service

Ring **BPRCVS** on **01282 433740** or email selfisolationsupport@bprcvs.co.uk

- ◆ A friendly ear to listen to your worries
- ◆ Give encouragement when it gets difficult to isolate
- ◆ Help to access food or medicines
- ◆ Referral to a service to help with debt or fears about debt
- ◆ Access support for other worries which might include reduced confidence and anxieties around Covid
- ◆ Or you are just feeling a bit unsure about things

You are not alone—we are here for you



Changes to Self Isolation Guidance as of 16 December 2021

If you have COVID-19 symptoms you should stay at home and self-isolate immediately. You should arrange to have a PCR test as soon as possible. If this PCR test result is positive, you must continue to self-isolate.

If you do not have COVID-19 symptoms, but you have a positive PCR test result, you must stay at home and self-isolate.

If you live in the same household as someone with COVID-19 you are at significantly higher risk of becoming infected yourself.

If you have been vaccinated with a COVID-19 vaccine, you are less likely to become severely ill if you catch COVID-19. You are also less likely to spread COVID-19 to other people, but it is still possible for this to happen. Therefore:

if you are aged 18 years 6 months or over and you are not fully vaccinated*, and you live in the same household as someone with COVID-19, you are legally required to stay at home and self-isolate

if you are fully vaccinated or aged under 18 years and 6 months, and you live in the same household as someone with COVID-19, you are not legally required to self-isolate. However, you are strongly advised to take an LFD test every day for 7 days, and to self-isolate if any of these test results is positive

*You are fully vaccinated 14 days after having received two doses of an approved vaccine (such as Pfizer/BioNTech, AstraZeneca or Moderna/Spikevax) or one dose of the single-dose Janssen vaccine.

LFD tests are very good at identifying people who have high levels of coronavirus and are most likely to pass on infection to others, even if you do not have symptoms.

You may be entitled to a one-off payment of £500 through the NHS Test and Trace Support Payment scheme if you are legally required to stay at home and self-isolate or you are the parent or guardian of a child who has been told to self-isolate.

More info at <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>



INTERESTED IN BECOMING A COVID CENTRE MARSHAL?

NHS RUN COVID-19 VACCINATION PROGRAMME

VOLUNTEER TODAY. YOU'LL FEEL CHAMPION IN THIS ROLE.

Lancashire Volunteer Partnership (LVP) is working in partnership with the NHS to support the NHS run Covid-19 mass and local vaccination programme across Lancashire and South Cumbria.

This is where you can get involved in being part of global history!

We are currently recruiting volunteers as local NHS marshals who will volunteer between 4-6-hour time slots at various venues across Lancashire and South Cumbria, 7-days a week.

Choose time slots around your work and home life.

BENEFITS OF VOLUNTEERING:

- ✓ Enables learning new skills
- ✓ Creates career opportunities
- ✓ Enhances your CV
- ✓ Opportunity to fill in employment gaps
- ✓ Allows work with people who are public facing
- ✓ Opportunity to be a part of a historic programme
- ✓ Keeps you mentally and physically active

If you or anyone else is interested in this opportunity please visit our website:

lancsvp.org.uk/opportunities

Or, for more information please contact:

healthierisc.covid19vaccinmarshals@nhs.net or scan the following QR code



Enhancing Community Support Service

**Citizens Advice
Rossendale & Hyndburn**

Our new support service helps people who are vulnerable to access the advice process.

We use a holistic approach to support people who may have been left behind by the move to digital and telephone services.






We are offering support to help people overcome barriers to advice, with an aim to help them manage their energy bills and increase their financial confidence.



The service is aimed at people who:

- are in or facing fuel poverty
- are on a low income
- need help with budgeting and fuel bills
- are considered vulnerable due to, e.g., a long term health condition/disability, age, ethnicity

To refer a service user in to this service, please:

-  submit a webform at www.carh.org.uk/index.php/contacts
-  telephone us on 01706 252012 and leave a message for us to return your call
-  use the East Lancashire Refernet system (if you are a member)

© Citizens Advice November 2021

Citizens Advice is an operating name of The National Association of Citizens Advice Bureaux. Registered charity number 279057

www.carh.org.uk



CHAT, PLAY & READ



**For children aged 2 - 4 years old
and their parents/carers**

**Learn through Play
Child development
Routines
Messy play**

**Tuesday
Haslingden
Neighbourhood
Centre
Friday
The Zone
Rawtenstall
9.45 - 11.15am**

**Call 01706 237780/01706 237788 or email
RossendaleGroupWork@lancashire.gov.uk
to book your Free place on a
6 week course**

WHAT'S ON AT...



COMMUNITY EVENTS FOR JANUARY 2022

MONDAY	DATES	TIME ON
Mini Me Time	10th, 17th, 24th, 31st	9:30AM - 11:15AM
EDSQ Course (LAL)	10th, 17th, 24th, 31st	12:30PM - 3PM
ESOL Course (LAL)	10th, 17th, 24th, 31st	12:45PM - 3:15PM
TUESDAY		
ESOL Course AM (LAL)	11th, 18th, 25th	9:30AM - 12PM
Cooper's Coffee Morning	11th, 18th, 25th	10AM - 11:30AM
Up & Active WM	Every Tuesday	11AM - 12PM
ESOL Course PM (LAL)	11th, 18th, 25th	12:15PM - 2:45PM
Maths Functional Skills (LAL)	11th, 18th, 25th	1PM - 3:30PM
WEDNESDAY		
English Functional Skills (LAL)	12th, 19th, 26th	9:30AM - 12PM
Gentle Exercise	Every Wednesday	1:30PM - 2:30PM
Easy Sequence Dancing	Every Wednesday	1:30PM - 3:30PM
THURSDAY		
Parent & Baby Bonding	13th, 20th, 27th	9:30AM - 11AM
Gardening Course (LAL)	13th, 20th, 27th	1PM - 3:30PM
Maths Functional Skills (LAL)	13th, 20th, 27th	1PM - 3:30PM
Crafternoons	Every Thursday	2PM - 4PM
FRIDAY		
Friends Reminiscence	Every Friday	10:30AM - 12:30PM
SATURDAY		
Drama Pop	Every Saturday	9AM - 12:30PM



DON'T FORGET!

The Link Café is open Monday - Friday, 9AM - 3PM, as well as Saturdays 9AM - 1PM! Grab a drink, a snack or even a meal after your activity! Great freshly cooked food at amazing prices!



Haslingden Community Link
Bury Road, Haslingden, Rossendale, Lancs BB4 5PG
Community Tel: 01706 230116
Childcare Tel: 01706 224848
Email: info@hcl.org.uk
www.haslingdencommunitylink.org.uk
Haslingden Community Link—Company Limited by Guarantee
No. 3612468 - Registered Charity No. 1075926

THE LINK CENTRE
@HASLINGDEN COMMUNITY LINK

EASY SEQUENCE DANCING

Every Wednesday 1:30PM - 3:30PM

✦ £4 PER SESSION ✦

No partner necessary! Sessions are run by professional dance tutors!

Book your place today!
Call 01706 230116 or email info@hcl.org.uk

Only at Haslingden Community Link!



HEALTH AND WELLBEING

**LET'S
KEEP
TALKING**

**Constantly
worrying
about
money**

**You're
not alone.**



**Most debt issues can be
sorted, and it will help
to talk to somebody.**

If you're struggling to cope then call
the LSCFT mental health crisis line
0800 953 0110

or contact Citizens Advice
www.citizensadvice.org.uk or call the
national debt helpline on **0808 808 4000**



SCAN HERE

for a list of services in your area



**Lancashire and
South Cumbria**
Health and Care Partnership

healthierlsc.co.uk/MentalHealthSupport

Women and Gambling-Related Harm

Working together to raise awareness, address stigma, and reduce gambling related harms experienced by women



WOMEN AND GAMBLING

Gambling-related harm can be very hidden and the signs, such as debt, depression and anxiety, may not immediately suggest that gambling is the cause.

Women make up over 80% of affected others who call the National Gambling Helpline, and 20% of gamblers. The number of women with a gambling problem is rising at twice the rate of men.

However, we believe that fewer than 1% women affected by gambling-related harm reach out for support. Women tell us this is because of stigma, shame and fear of statutory services involvement.

You can contact us to discuss how we can help:

Rachel Simm
Women's Programme
Training and Engagement Lead
(North West Region)

Tel: 07397 224948
rachel.simm@gamcare.org.uk

WHAT WE CAN OFFER

FREE training to increase your knowledge, skills and confidence to discuss and support individuals experiencing gambling-related harm. Ensuring women get the right support at the right time.

Information, advice and ongoing support about how to identify gambling harms, the services that are available, and how to make a referral

Attending and presenting at networking events, team meetings, women's groups. To keep gambling harms on the agenda and amplify women's experience.

Direct engagement and support to women who might be at risk of experiencing gambling-related harm

Lancashire Healthy Young People and Families Service – update on service offer

Due to ongoing pressures related to the COVID-19 pandemic, our teams are currently struggling to meet the demand of some of our mandatory visits. In agreement with our commissioners at Lancashire County Council, we are therefore replacing some face-to-face visits with virtual appointments, where it is appropriate and safe to do so.

- Antenatal contacts will be carried out virtually, when a clinical assessment has taken place and it is safe to do so, unless parents request a face-to-face visit. Families with additional needs on the Universal Plus/Universal Partnership Plus programme will continue to have a face-to-face visit.
- All new birth visits continue to be undertaken face-to-face.
- 6–8-week checks will be carried out virtually, when a clinical assessment has taken place and it is safe to do so, unless parents request a face-to-face visit. Families with additional needs on the Universal Plus/Universal Partnership Plus programme will continue to have a face-to-face visit.
- All one-year development checks will continue to be undertaken face-to-face unless there are COVID-19 restrictions.
- All two-year checks continue will continue to be undertaken face-to-face unless there are COVID-19 restrictions.
- All other services continue as normal.

This plan will be reviewed and managed on a weekly basis as we navigate through the next few months.

If you have any queries or concerns, please contact us direct via our Single Point of Access at VCL.019.SinglePointofAccess@nhs.net or on 0300 247 0040.

Our full service offer can be viewed on our website at <https://lancsyoungeoplefamilyservice.co.uk/home/important-information-about-services-during-covid-19-pandemic/>



East Lancashire Hospitals
NHS Trust

Young People's Mental Health

**Concerned about your Mental Health?
Are you under 18 or concerned about
someone under 18?**

**Advice sessions are available on-line via
Attend Anywhere**

Log on using the hyperlink - <https://nhs.vc/HLSC/CAMHS>

Enter the word "drop" as the first name and "in" as the second name followed by your date of birth. You will then enter our virtual waiting area where we will collect you.

Wed	5	January	1pm - 3pm
Tues	11	January	3pm - 5pm
Wed	19	January	1pm - 3pm
Wed	26	January	5pm - 7pm

Safe | Personal | Effective

FUNDING



Virtual Funding Fair for Pennine Lancashire Groups

National Lottery will talk about:

- Strengthening applications.
- Examples of funded projects
- Reasons for rejection
- Monitoring, evaluation and impact measurement.

19th January 2022

10:00 AM to 12 PM

Zoom meeting link to follow



Virtual invitations will be sent out the week before – please book your place with
Allison.lindgren@bprcvs.co.uk or
Julie.overson@bprcvs.co.uk
telephone: 01282 433740

BPRCVS Will talk about:

- ELCCG Small Group funding
- Eric Wright Charitable Foundation
- Support available for groups from BPRCVS

Information on a new community sharing forum:
Burnley Linked – don't miss out!



**BURNLEYPENDLE
& ROSSENDALE**
COUNCIL FOR VOLUNTARY SERVICE

Registered Charity Number: 1052446 Company Limited By Guarantee: 3328219

Capital Grant opportunity for Rossendale Community Buildings

Rossendale Borough Council has set up a Carbon Reduction Fund to support Small and Medium Enterprises (SMEs) and Community Buildings to reduce their carbon footprint.

The primary criterion for applications to the fund is CO2 savings per pound spent. The carbon reduction grants are intended to help facilitate projects whose primary aim is to reduce CO2 emissions within the Borough of Rossendale.

Applications who are able to provide a quantitative estimate of CO2 savings that result from their proposed activity will be favoured.

The fund is supported by the East Lancashire Chamber of Commerce (ELCC) who will provide free carbon audit/technical report for eligible charities/community organisations to establish baseline data and advise on appropriate carbon reduction measures.

The fund is for smaller locally based charities and constituted community organisations not registered as a business and which own or rent community buildings.

Local charities and constituted community organisations can apply for between £1000 minimum up to a maximum £5000 per project.

Match funding is not required for charities/community organisations though it may help prioritise your application in our grant allocation.

To register interest and for further information about the scheme and the application process please email climatechange@rossendalebc.gov.uk



TRAINING



This free training is available for community groups and organisations in Rossendale

Tuesday 8th February 2022, 10am to 1pm

Modern Slavery and Human Trafficking (MSHT) Awareness Training

Overview

Hope for Justice is a national and global charity with a mission to bring an end to modern slavery by preventing exploitation, reaching victims, restoring lives, and reforming society. We have a new Lancashire Hub comprising of two Community Engagement Specialists and a Trainer and can currently offer free training to raise awareness in order to help identify, report and support cases of modern slavery and human trafficking within the Rossendale district.

Learning Outcomes

The training will equip participants with knowledge about modern slavery and human trafficking so that by the end of the training they will be able to:

- Explain what MSHT is and identify the different types that exist
- Describe the signs and indicators of the different types of MSHT
- Respond appropriately if a victim of MSHT is identified

Delivery Methods

- The training will be delivered online over MS Teams by Ruth Packwood (HfJ Trainer). Ruth will set up and send out the Teams invitation and supporting document approx. one week in advance.
- Delivery will include national and local facts and figures, polls, case studies, videos and facilitated discussion to explore the subject in depth
- Minimum 12 and maximum 40 participants per session
- Due to the sensitive nature and content of the training, we apply a trauma informed approach to our training so participants will be able to choose whether to have their camera on during the training
- A member of the HfJ Community Engagement Team will aim to be present during the training to answer any specific queries relating to vulnerable people or those at risk of exploitation
- Participants will be provided with a copy of the HfJ Training Manual and other support materials
- Participants will be asked to complete feedback at the end of the training

What Next?

If you are interested in taking up this offer of free training, please contact

jackieflynn@rossendalebc.gov.uk



We are now recruiting Volunteers to apply for our College of Mediator Level 3 accredited training course

The training is a total of 40 hours delivered over 6 days and is a blend of pre-recorded Webinars, interactive Zoom workshops and an in-person assessment day



Smile Mediation is a volunteer led organisation helping people to speak to each other to resolve disputes between neighbours, communities and families. We wouldn't be able to do this without our team of volunteers, who generously give their time and skills to support people.

Smile's Community Mediation course is approved by the College of Mediators. This course is a total of 40 hours and is delivered as a blend of pre-recorded Webinars, interactive Zoom workshops and an in-person assessment day. To qualify as a competent mediator, you must fulfill the following:

- full attendance of the course
- a creative case study
- a minimum one year's volunteer mediator experience with Smile
- a minimum of 10 mediation cases with a co-mediator

Course dates

Online:

9.00am – 1.30pm Thursday 24th February

9.00am – 1.30pm Thursday 3rd March

9.00am – 1.30pm Thursday 10th March

9.00am – 1.30pm Thursday 17th March

9.00am – 1.30pm Thursday 24th March

Final in-person assessment day:

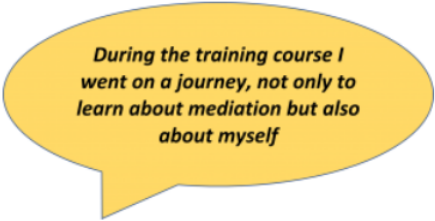
9.00am – 4pm Thursday 31st March 2022

The final day of your training will be a full day in-person observed assessment which will take place on Thursday 31st March at the [Blackley Centre](#) in Elland, West Yorkshire. HX5 0TD

More information at <https://www.smilemediation.co.uk/volunteer-mediator-training-2022/>



Absolutely inspirational! A truly engaging, enjoyable course



During the training course I went on a journey, not only to learn about mediation but also about myself