



COMMUNITY BULLETIN

APRIL 2022

Welcome to your April Community Bulletin. We are continuing to produce a monthly bulletin with our health and community partners to keep you updated about community activity across Rossendale. This will include information on community group activities, events, health information and community training opportunities. We hope you will find the bulletin useful.

All published Community Bulletins are available at

https://www.rossendale.gov.uk/downloads/download/11317/coronavirus_community_bulletins

Feel free to share the bulletin with friends, community groups and on community group social media. If you have some information that you would like to share in the next bulletin, or you would like to be added to the e-mail distribution list, please contact us at communitiesteam@rossendalebc.gov.uk



Support for Ukraine



Support for family members of British nationals in Ukraine, and Ukrainian nationals in Ukraine and the UK.

<https://www.gov.uk/guidance/support-for-family-members-of-british-nationals-in-ukraine-and-ukrainian-nationals-in-ukraine-and-the-uk>

Information on travel advice to and from Ukraine.

<https://www.gov.uk/foreign-travel-advice/ukraine>

For anyone wanting to contact loved ones in Ukraine, BT, EE and O2 are making calls, texts and data to and from the region free or removing roaming charges. Check with your phone provider for details.

Donations

Make a donation to support the Ukraine:

Crisis Relief

<https://crisisrelief.un.org/t/ukraine>

British Red Cross

<https://donate.redcross.org.uk/appeal/ukraine-crisis-appeal>

Disasters Emergency Committee

<https://www.dec.org.uk/appeal/ukraine-humanitarian-appeal>

Unicef

<https://www.unicef.org/ukraine/en/take-action>

United Help Ukraine

<https://unitedhelpukraine.org/>

Offers of accommodation

If you would like to offer accommodation to a Ukraine refugee or individual, you can register your interest at: <https://homesforukraine.campaign.gov.uk/>

Support for Ukrainian relatives

In response to the situation in Ukraine, the Refugee Integration Team is offering support to the Ukrainian people who need support to bring Ukrainian relatives over to the UK.

email RITeam@lancashire.gov.uk



If you live in Lancashire and need support to bring Ukrainian relatives over to the UK, Lancashire Refugee Integration Team will assist with access to free legal advice and ongoing support. Please email RITeam@lancashire.gov.uk with your contact details and we will be in touch within 24 hours.



COMMUNITY INFORMATION



The Big Reconnect Invite – working in collaboration to make a positive impact on the lives of people in Rossendale

Date & Time: Thursday 28th April, 4pm – 7:30pm

Venue: The Ashcroft in Whitworth

Supper provided: Pie and pies

Do you have a vested interest in community life? Would like to find out what's happening locally in Rossendale?

- An opportunity to meet and reconnect for existing members
- Learn new information about what's happening in Rossendale
- An opportunity to learn and to share ideas, skills, resources etc
- Upskill your knowledge through workshops/guest speakers

Event includes:

- Tea and coffee
- Guest speakers and interactive workshops
- Networking and skill sharing
- Pie and pea supper

A creative and more connected approach to improving lives and making a difference in Rossendale.

Please book in advance at <https://forms.gle/K3V8QDQe1nnnDNoF6>



Homemade Eid Crafts

A fantastic **FREE** online event!

Saturday 23rd April | 11am - 1pm

Start preparing for your Eid Festivities by creating homemade personal gifts.

Join us for craft activities the whole family can get involved in.

to enrol visit www.lal.ac.uk

**FREE
Resource
Pack**
posted to you
in advance

For more information visit www.lal.ac.uk

Open to anyone aged 18 and over living in Lancashire. The Zoom link will be emailed to you before the start of the event.





KANGAROO PARENT/ BABY NURTURE GROUP

INFORMATION FOR PARENTS

- Are you a parent of a pre-crawling baby and looking for something fun to do together?
- Do you want to learn Baby Massage?
- Do you want to learn how to help your Baby's development?
- Do you want to meet other parents with young babies?
- Do you want to learn some relaxation techniques for yourself?

Kangaroo Parent/Baby Nurture Group is a 5-week course where you will learn baby massage, enjoy some fun sensory activities together whilst learning lots of really useful information about your baby's development. You will gain some useful tips on how to settle your baby when they are upset and learn how to understand their communication.

This unique group also has lots for parents too! It can be really hard to make time for yourself when you are caring for a new baby, so each week there is a section just for parents where you will get lots of ideas of ways to take care of yourself and techniques to help you relax. Each week there will be a small gift to take home connected to the week's session.

The group will run at Haslingden Community Link starting Thursday 21st April 1:00 -2:00 PM. Running every Thursday until 19th May 2022.

If you need to speak to someone about the group, please contact Kathryn Taylor on 07512 718500 or email kathryn@kangaroolfamilynurturing.co.uk



**ARE YOU
AVAILABLE
ON SUNDAY 4TH
SEPTEMBER?**

WHITWORTH

NEEDS

YOU!

WHITWORTH RUSHCART

**DANCERS NEEDED TO KEEP A
LOCAL TRADITION ALIVE
NO COMMITMENT, ONLY MEET A
COUPLE OF TIMES IN THE YEAR
OPPORTUNITIES FOR ALL GENDERS
CONTACT CLIVE ON 01706 853805
FOR A FRIENDLY CHAT OR EMAIL
INFO@WHITWORTH.GOV.UK**





THE LINK CENTRE
@HASLINGDEN COMMUNITY LINK

CRAFTERNOONS

A great opportunity to meet new people! Come and join in with various arts and crafts projects at this free group.

JOIN US!

**EVERY
THURSDAY**

2PM - 4PM

**CALL US TODAY!
01706 230116**

Get into gardening at Haslingden Community Link

Come and join in with the "Get Into Gardening Project" here at HCL's community garden! 🌱🪄🌿🌳

The project goal is to provide people in the local community opportunities to experience the therapeutic benefits of gardening and spending time in a greenspace. The community garden - here at Haslingden link, is a safe and accessible space for all providing sanctuary and a green oasis. 🌿

We are local volunteers, some of us are completely new to gardening and others have varying levels of experience. By working together and sharing our skills we can create a real sense of achievement.

🌱 No booking needed, just turn up to a session!



Waterfoot Food Box 30 Fairfield Avenue

Take what you need
or donate to help others

Here daily from 9-10am to 7-8pm.

A small, home based venture offering
free food, toiletries and household essentials
to the community, as well as kids snacks,
books, DVD's and more.

Please leave donations in the box or my garden.
Thank you very much for your community spirit.

Please add me on Facebook at:
www.facebook.com/waterfootfoodbox
and share to help others.



Rossendale
BOROUGH COUNCIL

Active
Lancashire

MPT
STEPS



ALLOTMENT STACKSTEADS



**Are you looking for work and
need Support?**

Do you want
to take part?

1.00pm Till 4.00pm
Wednesdays

Thursdays + Fridays



Call on

07859739902

All you need is to
bring yourself!!!



You're Invited!



**Get Involved &
Have your Say!**

We are holding our first get together

Join us for a brew and a butty at:

**A B & D Community Centre
Burnley Rd, Bacup OL13 8AB**

Thursday 7th April 12.00 - 14.00

Everyone Welcome!

**For more information
please contact:**

**Sarah Lageard
Project Coordinator**

**Email:
sarah.lageard@carh.org.uk**



HEALTH AND WELLBEING

THE LET'S TALK PROJECT



SERVICE INFORMATION

Who is this service for?

This service is free for anyone who is over the age of 18.

How to use this service?

It's really easy; just contact us via the Project's Facebook Messenger account.

What is this service?

It is an online support service where people can talk to a Project Staff Member about their thoughts, worries & feelings. Staff will listen to you with non-judgement & care. They won't tell you their opinion, or what you should do. Instead, they will give you a safe place to talk and listen to you.

What times is this service open?

The Messenger account is always available for you to message. However it is ran voluntarily by Project Staff, and so there may be times when no one is available, but as soon as they are, a staff member will reply to your message.

Is this service confidential?

Yes. Everything you say will be kept confidential, unless you share information with us which identifies a child or adult (including yourself) at risk of abuse or harm. If so, we may have to contact other services in order to help. However we can only do this with the information you choose to share with us, and we won't/can't make you give us any information you do not wish to disclose.



Contact us via:

help@theletstalkproject.org

[facebook.com/theletstalkproject](https://www.facebook.com/theletstalkproject)



WEIGHT

management

Sessions

Weigh-In & Education

-  **Day** Tuesday
-  **Time** 11am - 11:45am
-  **Location** Haslingden Community Link,
BB4 5PG

To register contact our team on **01706 221524**
or email us at info@upandactive.co.uk



STOP THE STIGMA. SUPPORT MENTAL HEALTH AWARENESS



**INITIAL
RESPONSE**

If you would like to talk to someone in complete confidence about stress, anxiety, depression or any related issues, please contact our Mental Health Initial Response Unit.

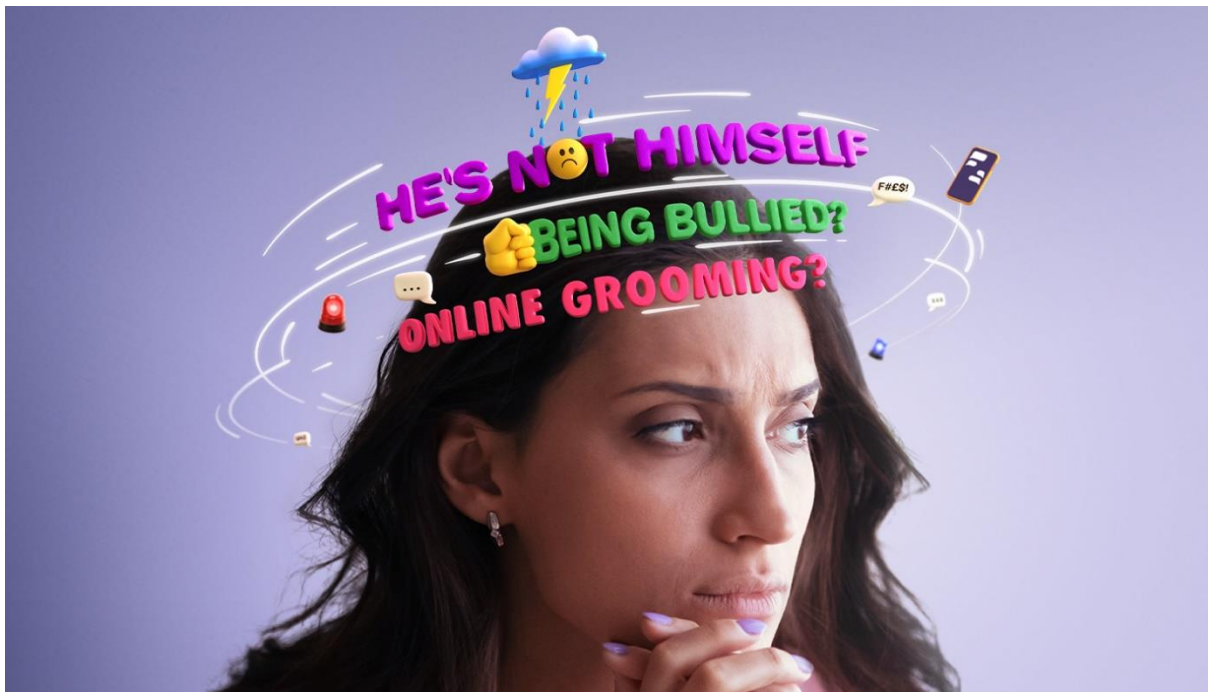
CALL TODAY

01706 534 988

OR EMAIL

ROSSENDALE.RESPONSE@UNLOCKYOURYOU.COM

UNLOCK
your you



ParentWise – A helping hand for parents and carers

As children get older and more independent, issues that affect them can be harder to spot and deal with.

Learning about potential dangers can give you the knowledge and skills to act if there is a problem. It could also help keep your child safe by preventing problems before they happen.

You know your child best, so if you've got a feeling something's up – you're right not to ignore it.

**There is lots of support information at :
<https://parentwise.campaign.gov.uk/>**

STEP BY STEP









COUNSELLING SERVICE

'Step by Step' is Lancashire BME Network's counselling service.

Individuals can either self-refer or be referred in to our service by a third party. The service is open to all members of the community.

OUR SERVICE

-  Free and confidential
-  For anyone 18+
-  No GP referral required
-  Our counselling will support you with
 - Anxiety
 - Confidence
 - Relationships
 - Emotional Health
 - Loss
-  Culturally competent service
-  Available in community languages

For more information about any of our services please contact us:

 **01254 392974**

 **referrals@lancashirebmenetwork.org.uk**

**LANCASHIRE
BME NETWORK** 
Leading change through empowerment

www.lancashirebmenetwork.org.uk

Suite 412, Daisyfield Business Centre,
Appleby Street, Blackburn, BB1 3BL.

FUNDING



Awards for All (National Lottery)

Grants available for: not-for-profit groups. Size of grants given: £300 to £10,000
No deadlines.

Who can apply: Any not-for-profit group.

New groups are encouraged to apply. However you should draw up a constitution and open a bank account before you do.

How we can support you:

With the COVID-19 pandemic still with us, we'll continue to support people and communities most adversely impacted by COVID-19 to

- continue to deliver activity - whether your community needs crisis response, recovery or business as usual activity.
- change and adapt, becoming more resilient to respond to new and future challenges.

In order to support communities to thrive, we aim to:

- build strong relationships in and across communities
- improve the places and spaces that matter to communities
- help more people to reach their potential, by supporting them at the earliest possible stage.

Your project should involve your community

We firmly believe that when people are in the lead, communities thrive – we want your project's application to demonstrate this clearly.

People understand what's needed in their communities better than anyone, especially during these unprecedented times. We want to support projects that:

- involve people and communities from the start
- build on people's strengths
- are connected in their community.

How to apply: Go to

<https://www.tnlcommunityfund.org.uk/funding/programmes/national-lottery-awards-for-all-england#section-2>



Funding for Church Projects

Allchurches Trust has changed its name to the Benefact Trust to reflect a commitment to supporting wider social impact.

The Trust's traditional support for the repair, restoration, protection, improvement, and growth of places of Christian worship will still be available, but a new emphasis on social impact will enable the Trust to help change lives and empower communities through the UK and Ireland for the long-term.

The Benefact Trust offers grants to Christian charities and organisations across the United Kingdom and Ireland that aim to help communities thrive and tackle social issues from homelessness and poverty to climate change and cultural cohesion, including:

- General Grants of between £1,000 and £15,000 - for projects and activities that support the church and the wider community. There are no deadlines.
- Transformational Grants - for projects that grow the reach and impact of Christian organisations. Funding is at the discretion of the Trust. There is no fixed deadline while funds are still available.
- Methodist Grants of up to £60,000 - for projects that enhance the mission and ministry of the Methodist Church. Applications are accepted on a rolling basis.
- Roof Alarm Grants of up to £2,500 - to support churches against metal theft. Applications will be accepted until the end of 2022.

In addition, the Brighter Lives Grants Programme, set to launch on 24 March 2022, will provide funding to Christian organisations to enable them to make a difference to people's mental health.

More information at: <https://benefacttrust.co.uk/which-grant-is-for-me/>



Arnold Clark Community Fund

Description

Grants are available for UK registered charities and other not-for-profit organisations who need financial assistance due to the coronavirus/COVID-19 pandemic.

Current Status

Open for Applications

Maximum value:

£ 1,000

Objectives of Fund

The fund aims to help UK charities and local community groups continue their important work which may be at risk due to the coronavirus pandemic.

Grant Value

Grants of up to £1,000 are available.

Who Can Apply

Applications will be accepted from:

- UK registered charities
- Local community groups
- Social enterprises
- Community interest companies
- Groups of organisations that are community or voluntary led
- Charitable incorporated organisations

To be eligible, applicants must:

- Have people and communities in the UK as their primary focus of investment
- Be incorporated in the UK.

Eligible Expenditure

The funding must be used for charitable or community purposes.

How To Apply

The deadline to apply is 30 June 2022 at 23.59.

Apply at <https://www.arnoldclark.com/community-fund>



DUCHY *of* LANCASTER

Duchy of Lancaster Benevolent Fund

Objectives of Fund

The Duchy of Lancaster Benevolent Fund offers grants to charitable organisations that are active in Merseyside, Greater Manchester and Lancashire for projects that benefit local communities and residents.

The Trustees are particularly interested in the following:

- Organisations which provide care and support for people who are older, infirm or disadvantaged members of society.
- Community Associations that benefit local people.
- Organisations for young people such as Scouts, Guides, Cadets, Youth Organisations etc.
- Support for educational initiatives that will have beneficial results for the local community.

Grant Value

Funding is at the discretion of the Trustees.

Two levels of funding are available:

- Minor grants of less than £1,000.
- Major grants of between £1,000 and £5,000.

The maximum period of support will normally be two years.

Match Funding Restrictions

Details of other funding applications should be made available.

Who Can Apply

Applications will be accepted from registered charities and local voluntary and community organisations in the Lancashire area, with a bank account in the organisation's name.

How To Apply

More information at:

<https://council.lancashire.gov.uk/ecSDDisplayClassic.aspx?NAME=SD1084&ID=1084&RPID=24707579&sch=doc&cat=13811&path=13810%2c13811>



A programme of new grants has been launched by Sustain as part of the Food for the Planet project. The grants aim to support communities to campaign and advocate to make food in their area better for people and the planet. Applicants are encouraged to propose their own ideas for great local action, but should focus on areas that have a big impact locally, for example:

- Encouraging and celebrating climate-friendly food in public institutions and council settings
- Growing more sustainable and healthy food, especially in urban fringes
- Tackling unfair and unhelpful pricing and advertising of the most climate-damaging foods
- Supporting groups and communities that are marginalised to campaign for food climate justice and tackling racial injustice in the food system
- Divesting from industrial agriculture

Grants of up to £5000 are available.

More information at <https://www.sustainweb.org/news/feb22-campaign-grants-launched/>



TRAINING



DIGITAL SUPPORT

For Refugees, Asylum seekers and Relocator families.



Get additional digital support

- Learn more about using the computer
- Gain a better understanding of the internet
- Get help for a variety of issues such as banking, changing utility providers, online applications and more



Every Thursday, 10:00AM to 11:30AM
at Haslingden Community Link

Bury Road, Haslingden (next to St Mary's Church) BB4 5PG

Call us on: 01706230116

VOLUNTEERING



There's nothing better than having a really good conversation with someone to lift your spirits and maybe even make your day.

Would you like to volunteer?

We are always looking for volunteers who enjoy a good chat, are welcoming and friendly, have excellent communication skills, and appreciate how important conversation is to people's lives.

Once you have completed our online training and you've been through our safer recruitment process, you'll be able to take calls from the comfort of your own home using our app, which can be downloaded to your smartphone or tablet.

Volunteering at Hullo is virtual, fun and social. We ask for up to six hours a week and often our volunteers are happy to do more!

If you like what we do and fancy volunteering with us, we would love to hear from you. Send us this expression of interest and we will reply with a detailed application form.

For more information contact: <https://www.hullo.org/get-involved>



FARMING WORK EXPERIENCE

ACTIVITIES INCLUDE ANIMAL HUSBANDRY, LAND
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EMAIL: EESHA@MEADOWSFARMSANCTUARY.COM



MEADOWS FARM BB4 9RB

**DO YOU WANT TO HELP
RESCUED ANIMALS?**

DO YOU HAVE FREE TIME ON
TUESDAYS, WEDNESDAYS AND THURSDAYS?



**ARE YOU AGED 16-30 THEN WE WOULD
LIKE TO HEAR FROM YOU**

TEL: +44 07792788627

WEBSITE: WWW.SHIVATRUST.ORG EMAIL: INFO@SHIVATRUST.ORG



MEADOWS FARM BB4 9RB

**ARE YOU INTERESTED IN
HORTICULTURE & LAND-BASED
PROJECTS?**

ACTIVITIES INCLUDE: PLANTING TREES, GROWING
VEGETABLES, FARMING, FENCING, COMPOSTING, POND
MANAGEMENT & ALL FORMS OF LANDSCAPING.



**WE ARE LOOKING FOR VOLUNTEERS.
DO YOU HAVE FREE TIME ON TUESDAYS,
WEDNESDAYS OR THURSDAYS?**

TEL: +44 07792788627

WEBSITE: WWW.SHIVATRUST.ORG EMAIL: INFO@SHIVATRUST.ORG