



AUGUST 2024

COMMUNITY BULLETIN



FIND OUT WHAT'S HAPPENING IN ROSSENDALE ...

- Community Activities
- Community Information
- Health and Wellbeing
- Funding
- Training
- Volunteering

Welcome to your August Community Bulletin.

We produce a monthly bulletin with our health and community partners to keep you updated about community activity across Rosendale. This will include information on community group activities, events, health information, grants and community training opportunities. We hope you will find the bulletin useful.

All published Community Bulletins are available on our website - [Community Bulletins](#)

Feel free to share the bulletin with friends, community groups and on community group social media. If you have some information that you would like to share in the next bulletin, or you would like to be added to the e-mail distribution list, email us at

communitiesteam@rossendalebc.gov.uk

COMMUNITY ACTIVITIES

ROSSENDALE HOSPICE GIN 'N' TREK PUB WALK

Saturday 7th September 2024

Starting from Horse and Bamboo, Waterfoot
at 11:30am

Finishing at Northern Whisper, Rawtenstall
at 7:00pm.

£25.50 per ticket



www.rossendalehospice.org.gnt



BIRDS OF PREY DISPLAY BY SMJ FALCONRY

**Organised by Newchurch Community
Association.**

Saturday 14th September

St Nicholas School, Dark Lane, Newchurch

All are welcome, donations only!

Music will be provided by Newville Chorus.

Food and Drinks available



info@newchurch-village.co.uk



ROUND THE HILLS WALK 2024

**Sunday 1st
September
2024**

Rossendale Rotary's annual and extremely popular 18-14 mile walk around Rossendale. The walk will start and finish at Marl Pits Leisure Centre, Rawtenstall and will at 8:30am.

There is no entry fee but donations are requested when registering >> facebook.com/Rossendaleroundthehillswalk

THE THERAPUTIC FOREST

HAF SESSION FOR CHILDREN WITH ADDITIONAL NEEDS

Booking is essential - limited spaces available.

Cribden House School, Rawtenstall
Tuesday 6th - Thursday 8th August and
Tuesday 13th - Thursday 15th August

5-7 year olds - 9:00am - 11:00am
7-11 year olds - 11.15am - 1.15pm



<https://rltrust.co.uk/community/haf/>

2024 WHITWORTH RUSHCART

**Sunday 1st
September
2024**

1pm: Whitworth Museum - procession feat
Whitworth Vale & Healey Dell Band, Whitworth
Rushcart Dancers, Britannia Coconut Dancers
and more.

1:30pm - 4:30pm: The Ashcroft
Holt and cold foods, arts and crafts
fair, stalls, morris dancing, rides,
entertainment, bar open!

www.whitworth.gov.uk



EDENFIELD VILLAGE FETE

Live Music - Stalls - Tombola - Face
Painting - Climbing Wall - Bar - BBQ -
Coconut Shy - Bouncy Castle - Cream
Teas - Prosecco - And Plenty More!

Free entry for everyone.

READING HEROES

WHITWORTH LIBRARY THROUGHOUT SUMMER

Reading Heroes is the summer reading programme which encourages children aged 4 to 12 to keep reading through the summer holidays, offering prizes for those who manage to read 5 books over the summer. All participating children will be able to visit one of Lancashire's museums for free with an adult.

Events in Whitworth Library:

Friday 9th August, 2:00-3:00pm - Make something awesome that flies

Tuesday 20th August, 2:30-3:30pm - Create something great with an electronic device

Friday 23rd August, 2:00-3:00pm - Use windpower to make a moving object



ROSSENDALE BADMINTON LEAGUE



Ladies Only Badminton

Sessions are open to all abilities and take place every Friday at St Peter's Hall, Haslingden from 7:00 - 9:00pm.

Cost - £5, including rackets and shuttlecocks

Call Claire on 077355 66073

Junior Badminton

Sessions are Sundays at the Adrenaline Centre, Haslingden. Primary aged group from 9:00 - 10:00am costing £2.

Secondary aged group from 10:00 - 11:30am, costing £3.

Sessions will resume on 8th September following a summer break.



www.rossendalebadmintonleague.co.uk

DADS AND HAIR ROSSENDALE MEN'S SHED

Dads and Mums welcome!

Join this FREE event where you will learn the skills needed to style your daughters hair.

Also face painting, food and a bouncy castle.



Tickets available from Haslingden Community Link, Noir Haslingden and St Mary's Chambers.

From 11:00am - 1:00pm
St Mary's Chamber, Rawtenstall.

 **07517 118526**



HOLIDAY CLUBS ROSSENDALE LEISURE TRUST



Plan the 6 weeks' holidays with our FREE summer planner. Use it for your family's adventures this Summer, and don't forget to check out some of our activities going on, from climbing to laser shooting to Skiing and much more. Something for everyone.

 <https://rltrust.co.uk/holiday-activities>

 <https://rltrust.co.uk/community/holiday-clubs/>

EASY PACED WALKS AROUND ROSSENDALE

Walking is a great way to meet new people and learn about your local area.
It also benefits your physical and mental health.

Monday

Edenfield Stepping Up Walk

Meet at 9:30am outside the Parish Church in Edenfield
(Approx 1 hour 15 mins)

Wellness Walk

Meet at 10am outside The Yard Café in Waterfoot
(Approx 1 hour)

Tuesday

Whitewell Bottom Community Centre

Meet at 10:30am
(Approx 1.5 hours)

Stubbylee Park, Bacup

Meet at 1:30pm in the carpark
(Approx 2-6 miles)

Stepping out at Marl Pits Running Track

Meet at Marl Pits Running Track at 1pm
(Approx 45 minutes)

Wednesday

Wellness Walk for Women

Meet at 10am at Haslingden Community Link Centre
(Approx. 45 mins)

Thursday

Wellness Walk in Whitaker Park

Meet at 12noon outside the museum
(Approx 30mins)

Haslingden Community Link Walk

Meet at Haslingden Community Link at 1:30pm
(Approx 2 to 6 miles)

Friday

Walk and Talk

Meet at 10am outside The Stables Café in Stubbylee Park, Bacup - (Approx 30 mins)

Helmshore Wellbeing Walk and Talk

Meet at 10am outside Helmshore Textile Museum
(Approx 45 mins)

Please wear suitable clothing and footwear, bring a drink, and be prepared for all weather conditions.



Use the QR code to discover more opportunities for walking in Rossendale including Empowering Women's Walks, Rossendale Ramblers and Abigails Trails or visit www.rltrust.co.uk/walks-in-rossendale



COMMUNITY INFORMATION

CVS PAYROLL SERVICE

Are you a small group or charity and haven't got the software or knowledge to run your own payroll?

No set up costs, from **£8.50** per employer.



01282 433740



payroll@bprcvs.co.uk



Haslingden Mural Consultation

Join us and let us know what themes you would like to see included in the mural.



Saturday 17th August
from 11:00am - 1:00pm
Haslingden Library



ROSSENDALE
BOROUGH
COUNCIL



LANCASHIRE COUNTY COUNCIL HEALTH PROTECTION NEWSLETTER

Get ready for summer!

As summer approached, you may be thinking about long hot sunny days and travelling abroad. However, the last thing you want is to spoil your holiday by getting sick. Just a few tips could help you stay healthy.



<https://lancastercvs.org.uk/Campaign-2024.pdf>

WATERFOOT MASTERPLAN PUBLIC CONSULTATION

Are you interested in ideas to transform the centre of Waterfoot?

Rossendale council have been working on a draft Masterplan and would welcome your ideas and views. Do come along if you can.

Where? The Yard Cafe, Bacup Road, Waterfoot.



ALCOHOL RECOVERY SUPPORT

Help to start your alcohol recovery journey.



www.inspirelancs.org.uk/access-our-service



UPDATE FROM COUNTY OF SONG

"We have already done so much, over 1000 people involved at workshops, performances and promoted events this year, directly involving 24 separate groups so far. We have had new commissions, established programming partnerships with Culturapedia, Horse and Bamboo, Encounter Festival and delivered the Lancashire Community Singing Map along with the NCCH Creative Health Associate for the North West.

There's still a lot to come, including results of research in to the impact of singing on people affected by dementia by research intern Iqra Hafsa Hussain, news about the community singing champions, and the autumn programme including workshops with the Encounter Festival. So don't miss out!"



<https://countyofsong.substack.com>



SINGING WORKSHOPS

You can join in singing workshops and sharing on the Communities and Traditions stage at the Encounter Festival. Workshops will be running in Preston and Lancaster in August and September – you can find out more here and get booking information at :



<https://countyofsong.subtrack.com>

ROSSENDALE TALKING NEWSPAPER



Rosendale Talking Newspaper brings local news and events, read by local volunteers, to anyone who is blind, partially sighted and other people who would benefit from recordings. Interested? Call Rodney Poucher.



01706 213962

ROSSENDALE VALLEY ENERGY

- Offer free, impartial energy advice
- Offer energy health checks
- Help you understand your energy bills and how to reduce them

Rossendale Valley Energy have a pop-up at Stubblee Greenhouse Stables Café every Friday from 11:30am - 1:30pm.

They are also able to offer domestic energy assessments. If you are an owner or private renter you may be eligible for a Help to Heat grant.



www.rvenergy.org.uk

Further details can be found in their [Newsletter](#).

**This will close
Monday 19th
August 2024**

LEVELLING UP EAST LANCASHIRE CONSULTATION

Working closely with local communities and stakeholders we have developed detailed plans to deliver an ambitious programme of projects across Burnley, Hyndburn, Pendle and Rossendale.

There has been a high amount of engagement to date and this has helped guide the proposals. The feedback that we received from everyone who attended events or route visits, and responded to engagement surveys, has helped us to adapt and improve plans to deliver what matters most to local people. Our detailed proposals for three connected projects will be submitted to government later this year to agree funding for the programme. These projects are:

- Safer, Greener, Healthier Streets.
- Accessible and Vibrant Town Centres.
- Public Transport Improvements.

You can view the proposals and give your thoughts via the online survey at the website below



<https://www.lancashire.gov.uk/EastLancsLUF>

HEALTH AND WELLBEING

MENTAL HEALTH SUPPORT



Age UK Lancashire's Mental Health Support Service is tailored specifically for individuals aged 50+ living with a diagnosed mental health condition in East Lancashire.

- Reduce social isolation
- Support to self-manage your condition
- Connect with your community
- Therapeutic activities

For more information:



0300 303 1234



advice@ageuklancs.org.uk

CHILD NEGLECT SUPPORT

If you are a young person, you can contact talk zone between 2pm - 10pm.



talkzone@lancashire.gov.uk



0800 511 111



NSPCC

If you are an adult or professional, call 0300 123 6720



www.nspcc.org.uk/neglect



LANCASHIRE
**FAMILY
HUBS**
NETWORK



www.lancashire.gov.uk/familyhubs



Healthy Activities and Food Programme



www.lancashire.gov.uk/school-holiday-activities

VOLUNTEERING

LAGAN'S FOUNDATION VOLUNTEERS NEEDED

Do you have a few hours to spare each week to support families who have children with health issues?

Lagan's Foundation provide support and respite to families who have 0-19 year olds at home with complex health issues across the North West.

- Full training provided
- Supported at every step
- Chance to upskill
- Experience in a caring role



PROMOTE YOUR VOLUNTEERING

Be part of Rossendale Borough Council's Staff Health and Wellbeing Day!

One of the five ways to wellbeing is 'give', some studies have shown that people who help others are more likely to rate themselves as happy. We would like to share information about local volunteer groups where staff can take part.

Why participate?

- **Visibility:** Promote your volunteer group to engaged and community-minded council staff.
- **Engagement:** Connect with potential volunteers who are eager to make a difference.
- **Impact:** Strengthen your group with new members and support the wellbeing of our staff.

How to Participate? Provide us with your leaflets or flyers, and we will ensure they are distributed during the event. Please ensure your materials highlight your group's mission, volunteer opportunities, and how to get involved. Deadline: **Wednesday 4th September 2024.**



wellbeing@rossendalebc.gov.uk

FUNDING

LANCASHIRE COUNTY COUNCIL TREESCAPES

LCC are currently drawing up plans to create a **Network of Micro-woods** across Lancashire.

Micro-woods are community-led projects and are perfect additions to urban areas. They are planted with over 850 trees, in a very small space and come with fencing and an information sign (with your group logo on it).

If you are interested in working with them to plant a micro-wood and have a space that falls into the criteria below, please let them know and they can come out to see if it's suitable.



What kind of space do you need?

- Minimum of 200 square metre plot (tennis court-sized)
- In a publicly accessible area (the more public-facing the better)

All sites will be subject to securing planting permission from the landowners. The site will be prepared by contractors hired by the Treescapes team, before planting is carried out by volunteers (this can include children), and our team. We will help to recruit volunteers and local schools if you need it.



treescapes@lancashire.gov.uk

AUGUST 2024

THANKS FOR READING!

If you have any information you would like to include in the august community bulletin please email:

Communitiesteam@rossendalebc.gov.uk

By Wednesday 28th August 2024

