





### FIND OUT WHAT'S HAPPENING IN ROSSENDALE...

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#### **Welcome to your December Community Bulletin!**

As we embrace the festive season, we're excited to bring you this month's bulletin in collaboration with our health and community partners. It's packed with updates on community activities, holiday events, health tips, grants, and training opportunities to keep you informed and engaged throughout December.

We hope you find it both useful and a little extra cheerful this holiday season!

All published Community Bulletins are available on our website - Community Bulletins

Feel free to share the bulletin with friends, community groups and on community group social media. If you have some information that you would like to share in the next bulletin, or you would like to be added to the e-mail distribution list, email us at

<u>communitiesteam@rossendalebc.gov.uk</u>



### **COMMUNITY ACTIVITIES**



Elf (PG)

CHRISTMAS FAMILY FILM

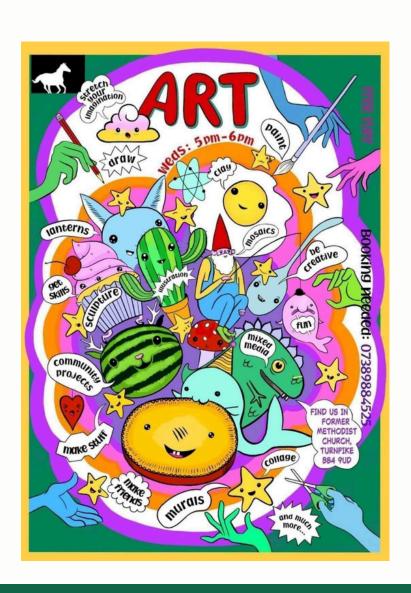
### HORSE + BAMBOO WATERFOOT

Horse + Bamboo Theatre offers a wide range of events, including open mics, quiz nights, board game evenings, and seasonal festivities. Their diverse calendar features live music, interactive theater for families, film screenings, and holiday markets with festive flair. Check out their full event schedule here.

## ART WORKSHOP WHITE HORSE PROJECT NEWCHURCH

### Wednesdays 5PM-6PM

The White Horse Project works with young people aged 11 to 18 in Rossendale, to improve their life chances and enable them to play a full part in their local community. They deliver an exciting programme of professional tuition, workshops, events and youth socials at Newchuch Community Space lead by local youth leaders who have grown up in the Rossendale Valley. Find out more https://twhp.org





### TALL TALES FOR ALL MEN WHITWORTH

### Free Event Friday 13th December 10am-12:30pm

Enjoy Tony Curry's heartfelt stories and poems about life, love, and loss, followed by a workshop with Tony and Carl Bell on using creative arts to support men's mental health. Email

communitiesteam@rossendalebc.gov.uk to book!

## STUBBYLEE COMMUNITY GREENHOUSES BACUP

The Greenhouses team hopes everyone is staying warm as winter settles in! They are excited to announce the launch of their new website:

### https://www.thegreenhouses.org/.

The website is now the main hub for booking activities, courses, tours, café visits, and learning more. Check it out today!





### FAMILY NEW YEARS EVE PARTY!

**RAWTENSTALL** 

31/12/2024

12:30pm-14:30pm

Fun, Music, Food provided

Rawtenstall Family Hub and the Zone

The Old Fire Station

Burnley Road, Rawtenstall

BB4 8EW

**Book here** 



### Together we are beating cancer



Bacup Committee Invites you to the

### **Christmas Fayre**

Saturday 7 December 10am-12pm

Bacup Methodist Church, Burnley Rd, OL13 8AB

Admission: £1 adults, 50p children, includes drink and mince pie

Expect entertainment, raffles, tombolas, food stalls and much more



Cancer Research UK
Bacup Committee



Cancer Research UK Bacup Fundraising Committee

### **Colouring Competition Instructions.**

This competition is being held by Bacup Fundraising Committee in support for Cancer Research UK.

### Christmas Fair on Saturday 7th December 10am to 12pm.

We ask children of all ages to colour the sheet in aid of Cancer Research UK for the competition. To enter, simply add your own design to this sheet and bring your amazing work to the committee's local Christmas Fair.

The event will be held at:
Rossendale Methodist Church at Bacup (Central) Burnley Road,
Bacup, Lancashire, OL13 8AB.

What3Words ///gifted.condense.pinch

Please bring your colouring with you and it will be judged on the day by members of the committee and the local Mayor. The judges will have their own criteria for judging the competition and their judgement is final. The winner will win a prize!

Remember you can only enter if you attend the Bacup Christmas Fair on 7th December.

Please write your contact details below so we can contact you if you win.	
Entrant's name:	Age:
Parent/Care name:	

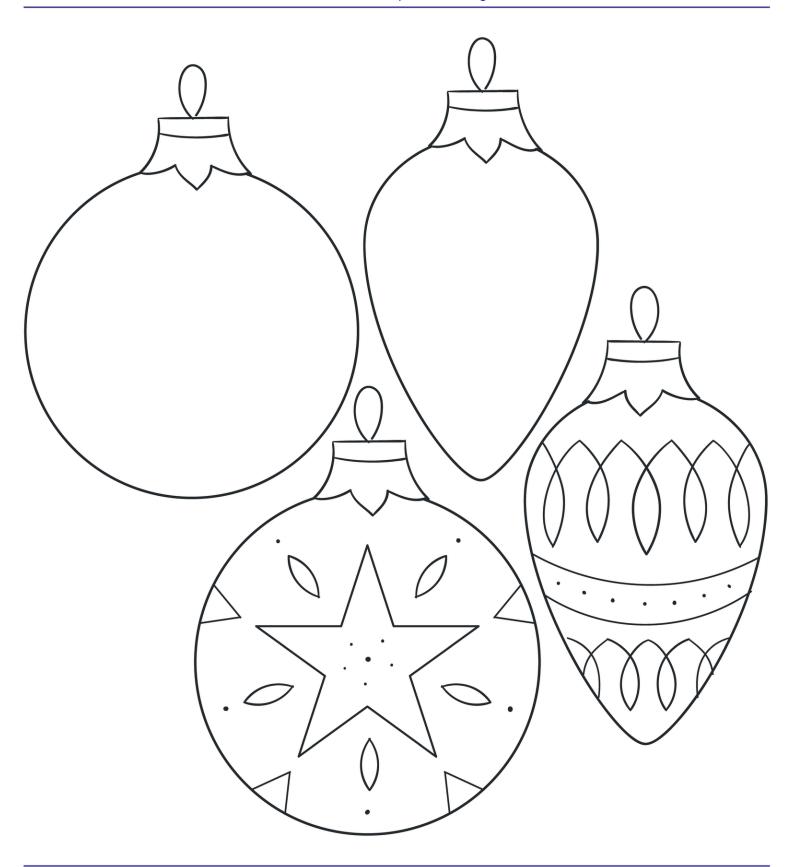
Registered Charity 1089464.

Join the Bacup Fundraising Committee for Cancer Research UK over on Facebook: https://www.facebook.com/Bacup-Fundrasing-Committee-for-CRUK-105456618740037





Cancer Research UK Bacup Fundraising Committee







Christmas Craft Extravaganza!

Saturday 7th December at The Ashcroft

10am until 12 noon

Choose from either

making your own Christmas crackers ages 5+ £5 learning the Ukrainian art of egg decorating ages 12+ £10



or



Under 16s must be accompanied by an adult

### 1pm until 4pm



Our ever popular wreath making workshop £20
Feel free to bring additional decorations to match your colour scheme

Bar open

Scan the QR code or book via the Whitworth Town Council website



selling traditional mulled wine

# SANTA EXPRESS

www.whitworth.gov.uk/events/santa\_express

Come and meet Santa at one of our allocated stops and collect some sweets or wave to him from your window as he drives by!

### Saturday 21st December

5.50pm The Ashcroft 7.20pm **Station Rd Broadley** The Birches 6.05pm Whitworth M/C 7.25pm 6.20pm Lobden Golf Club 7.40pm Masseycroft 6.35pm Waingap View 7.45pm Hallfold car park 6.40pm Ainsdale Drive 7.55pm **Eastgate** Tonacliffe School 6.50pm 8.05pm **Spring Mill Tonacliffe Way Wallbank Drive** 6.55pm 8.15pm 7.05pm The Oxford 8.25pm **Wallbank Drive** 

### Sunday 22nd December

6.00pm 7.00pm Spring Side **Orama Ave** 7.10pm Oak Street 6.10pm **Orama Ave** 6.15pm **Cowm Park Way S** 7.20pm **Knowsley Crescent** 6.20pm The Hedgerows 7.30pm St Vincent's, Brittania 7.35pm Brittania Post Office **Cockhall Lane** 6.25pm 6.35pm Railway Close 7.45pm St James Square 6.45pm **Halfway House** 8.05pm Facit Fold 6.55pm **Barley View** 8.15pm **Longacres Drive** 





\*\*\*\*\*\* Timings are approximate and dates may change due to weather conditions. Please see Facebook for any updates \*\*\*\*\*\*





- ADVICE AND SUPPORT FROM THEIR EXPERIENCE BUILDING A SUCCESSFUL MULTINATIONAL WOMEN'S GROUP
- TRAINING FOR VOLUNTEERS AND STAFF
- RESOURCES AND INSPIRATION FOR SESSION TOPICS
- ADVICE ON NAVIGATING FUNDING OPPORTUNITIES
- BEST-PRACTICE SHARING, INCLUDING INFORMATION ON THEIR SUCCESSFUL 'ACROSS THE GENERATIONS' SOCIAL INTEGRATION PROJECT
- A 6 MONTH PERIOD OF MENTORING AND SUPPORT

EMAIL LRITCOMMUNITY@LANCASHIRE.GOV.UK
FOR MORE INFORMATION



### **COMMUNITY INFORMATION**



# Are you over State Pension age, or know someone who is?

Pension Credit tops up pension income and can help with day-to-day living costs.

If you are over State Pension age, you may be eligible to claim **Pension Credit**, even if you own your home or have savings. People who claim **Pension Credit** may also be able to get:

- The Winter Fuel Payment\* and other help with heating costs
- Help with rent and Council Tax
- A free TV Licence for those aged 75 or over
- Help with the cost of NHS services, such as NHS dental treatment, glasses and transport costs for hospital appointments



You could be eligible for **Pension Credit** if your weekly income is below £218.15 or, if you have a partner who lives with you, £332.95. Qualifying income level may be higher in some circumstances.

Don't miss out.

Check your eligibility at gov.uk/pension-credit or by calling 0800 99 1234

Eligibility criteria apply \*or the equivalent in Scotland.

### **GET READY FOR WINTER**

### LANCASHIRE COUNTY COUNCIL

Looking for tips and support to stay safe, warm, and well this winter? Visit the Lancashire County Council Winter Hub for essential advice on staying healthy, keeping your home warm, traveling safely, and accessing support for yourself or loved ones.

https://www.lancashire.gov.uk/winter/

Stay prepared. Stay informed. Stay safe!







### **ABOUT OUR SHED**

The Beacon shed, is a purpose built dementia friendly community space which opened in 2023 and enables people living with dementia to take part in activities they enjoy.

If you or someone you care for would like to know more about The Beacon Shed please see our website you can also contact us by email or telephone.

www.beaconrossendale.org.uk

📧 shed@beaconrossendale.org.uk

**07726765368** 



# East Lancashire Young People's Mental Health

# Concerned about your Mental Health? Are you under 18 or concerned about someone under 18?

Advice sessions are available on-line via 'Attend Anywhere'
Delivered by ELCAS
tinyurl.com/ELCAS-LSCFT



Enter the word "ELCAS" as the first name and "drop in" as the second name followed by your date of birth.

You will then enter our virtual waiting area where we will collect you.

1<sup>st -</sup> 4<sup>th</sup> Wednesday of the month 2<sup>nd</sup> Wednesday of the month 3<sup>rd</sup> Wednesday of the month

1pm - 3pm

3pm - 5pm

5pm - 7pm

### Edgeside Park Skatepark



See below for the dates of each skatepark design workshop, organised by CANVAS in conjunction with Rossendale Borough Council. Meetings will take place either in-person at the Council Chamber, Futures Park, Bacup, OL13 0BB or online using Zoom.

If you want to be included in the skatepark working group, email 753-Rossendalebc@canvasspaces.co.uk. If you cannot attend the meeting, you can get involved via an online portal accessed via canvasspaces.co.uk.

### Design Workshops

1st meeting in-person

Tuesday 19th November, 6-8pm; Project introduction; Working group and public consultation

**2nd meeting** online via Zoom

Tuesday 3rd December, 6-8PM; Presentation of the amended skatepark design; Listening to feedback from working group

**3rd meeting** online via Zoom

Thursday 12th December, 6-8pm; Presentation of the 2nd amended skatepark design; Working group sign-off

**4th meeting** in-person

Thursday 19th December, 6-8pm; Presentation of signed-off design to working group and public







### **HEALTH AND WELLBEING**

### NEW MENTAL HEALTH & SUICIDE FIRST AID COURSES NOW AVAILABLE

Lancashire Mind has released new dates for their Mental Health First Aid (MHFA) and Suicide First Aid (SFA) courses—both are Orange Button approved! These free courses are open to anyone living or working in Lancashire and South Cumbria and can be attended in person or online.

#### What is the Orange Button Scheme?

The Orange Button Scheme helps identify people who have completed suicide prevention training and are:

- Comfortable discussing suicide.
- Able to listen without judgment.
- Ready to guide others to support services.

Started in 2020, the scheme aims to build a supportive community that challenges stigma around suicide. Orange Button holders are not counsellors but are trained to listen, provide information, and signpost to relevant services.

### **Upcoming Course Dates**

For open-access course dates, visit <u>Lancashire Mind's website</u> or contact them for more details.

#### **Contact**

To learn more or arrange in-house training for your team, contact Alice Newton-Leeming:

**4** 07856 913301

Malicenewtonleeming@lancashiremind.org.uk

### **TRAINING**



### **FUNDING**

# °COSY HOMES IN LANCASHIRE

# Free Energy Grants from your Local Council

Free funding for Lancashire homes that have NEVER had a mains gas boiler and radiators

Call: 03306 061 488

DECEMBER 2024

# THANKS FOR READING!



If you have any information you would like to include in the January community bulletin please email:

Communitiesteam@rossendalebc.gov.uk





