





**APRIL 2025** 

# COMMUNITY : BULLETIN



# FIND OUT WHAT'S HAPPENING IN ROSSENDALE...

- Community Activities and Information
- Health and Wellbeing
- Funding
- Training
- Volunteering

# WELCOME TO YOUR APRIL COMMUNITY BULLETIN!

We produce a monthly bulletin with our health and community partners to keep you updated on the community support and activities happening across Rossendale. This includes information from our community groups, events, health information, grants and community training opportunities. We hope you will find the bulletin useful.

All published Community Bulletins are available on our website - **Community Bulletins** 

Feel free to share the bulletin with friends, community groups and on your own social media. If you have any information that you would like to share in our next bulletin, or you would like to be added to the e-mail distribution list, email us at <a href="mailto:communitiesteam@rossendalebc.gov.uk">communitiesteam@rossendalebc.gov.uk</a>

### **COMMUNITY INFORMATION**

## BACUP LADS BAND AB&D CENTRE, BACUP, OL13 8AB

Did you know a young man that could do with getting out and meeting new people? Do you want to learn how to plan an instrument?

Join Bacup Lads Band Friday evenings starting from Friday 11th April!

Time: 5-7PM - just turn up!















#### **BACUP CAMERA CLUB EXHIBITION**

Members would like to invite you to view their annual photographic exhibition library. There will be a wide range of images to view, produced by their members.

When: 21st March - 18th April 2025



## BLOKES ON BIKE HASLINGDEN COMMUNITY LINK, BB4 5PG

Join Rossendale Mens Shed for their 'Blokes on Bikes' - meeting at 9am for a ride out at 9:30am. Lady riders also welcome!

When: Wednesday 16th of April ride out to Arnside Brew and a Butty - £4.50



#### **BURNLEY FC IN THE COMMUNITY**

Burnley FC in the community delivers a variety of health, fitness, and mental health programmes. They use the power of football to create a healthier, happier community.





https://burnleyfccommunity.org/health-and-wellbeing/



#### **CARERS LINK MEET-UPS HASLINGDEN COMMUNITY LINK, BB4 5PG**

Join Carers Link Lancashire for a coffee, lunch, and carers advice.

When: 1st Thursday of the month from llam-lpm.

Call for more information: 01254 387444



## TREE PLANTING SESSION

HOSTED BY RIBBLE RIVERS TRUST

- Wednesday 9th, Wednesday 16th, and Sunday 27th April
- Maytree House and Engine House, Cowpe, Rossendale
- 10am 3pm

## SHINGLE VACCINATIONS HASLINGDEN COMMUNITY LINK, BB4 5PG



Shingles is the term used to describe a particular rash caused by the chickenpox virus. In chickenpox the rash is widespread, but in shingles it is an infection of the nerves that are connected to an area of skin. All our skin is connected to nerves and so any part of the body surface can be affected by shingles.

Everyone who has had chickenpox carries the virus that causes shingles, but only about one person in four will develop shingles at some stage in their life.

A two-dose Shingles vaccine is available on the NHS for:

- people who turned 65 on or after 1 September 2023
- people aged 70 to 79 who have not yet been vaccinated
- people aged 50 and over with a severely weakened immune system



Click here for more information:

https://www.nhs.uk/vaccinations/shingles-vaccine/



#### **ROSSENDALE VALLEY ENERGY**

Rossendale Valley Energy provides free, impartial energy advice in person, online, over the phone or at your home. We have regular pop-ups and attend lots of events, as well as Energy Champions who visit local community groups. They also have a newsletter - click here to view:

https://bit.ly/3DDJJOc

## City Nature Challenge

Cities around the world collaborate to share observations of nature in the 2025 City Nature Challenge.



#### LANCASHIRE CITY NATURE CHALLENGE

Lancashire has been entered for this year's City Nature Challenge which encourages people to submit observations of wildlife to iNaturalist.

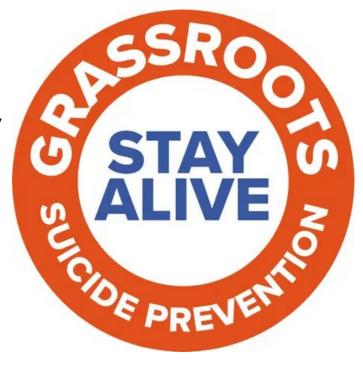
When: 24th-28th April - click here to find out more:

https://www.citynaturechallenge.org/

## BREAKING THE SILENCE - MENS MENTAL HEALTH

Suicide remains the leading cause of death for men under 49, yet many men struggle to ask for help.

We all have a role to play in supporting the men in our lives. If you or someone you know is struggling, resources such as the Staying Alive app and the Lancashire and South Cumbria ICB male suicide webpage are available.



https://www.lancashireandsouthcumbria.icb.nhs.uk/



ARE YOU A COMMUNITY GROUP OR LOCAL SPORTS CLUB? We are seeking groups who would like to join us at the marl pitts stop to host an information stand or an activity on the day!





#### **MENS SHED JAM SESSIONS**

Do you own a guitar? Do you want a space to practice and people to jam with? Join Rossendale Mens Shed for their guitar group.

When: Starting Friday 14th March at 3-4pm

07517 118526



#### LANCASHIRE CLIMATE ACTION NETWORK

Lancashire Climate Action Network (LancsCAN) is an initiative amplify Lancashire's community voice and action on climate change.

The network aims to make Lancashire a more sustainable, healthy, and greener place to live and work, while fostering a regenerative and socially responsible economy.

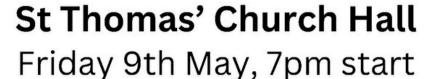
Check out their page for lots of resources, news, events, and much more:

https://sites.edgehill.ac.uk/lancscan/



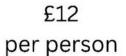


## Quiz night!



Potato pie supper





















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# THANK YOU FOR READING

### PLEASE SHARE

If you have any information you would like to include our April Communities Bulletin please email us by Friday 25th April 2025

communitiesteam@rossendalebc.gov.uk





